From the Principal’s Desk…..

Dear Parents and Caregivers,

Welcome back for Term 2. I trust that you all enjoyed the Easter break with your family. The students have returned looking well rested. This will be a long term so we ask that you pay particular attention to maintaining good health. Please ensure that children who are sick are kept at home to recover.

ANZAC Service

Congratulations to Mrs Prior-Longmuir for coordinating a wonderful commemoration to the ANZACs at this week’s assembly. Your hard work was well rewarded. Parents I am sure you would have been immensely proud of the children as they participated with utmost respect. Our special guests were highly complimentary, praising our students for their participation and acknowledging the good work being done here at Merriwa. Thank you to the parents who were able to attend, I hope you also enjoyed the service.

New Carpet

Over the Easter break we were able to have new carpet installed in Jarrah Block. The rooms look fabulous and the students really appreciate their new surroundings. Plans are underway to install new carpets in Tuart block before the end of this year.

P&C events

The P&C committee have organised various events for fundraising over the coming term. Please support this hard working committee in any way you can. You are most welcome to attend meetings if you are interested. The next meeting time is Tuesday 5th May at 1.30pm in the staffroom.

<table>
<thead>
<tr>
<th>Event</th>
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<tr>
<td>Mother’s Day stall</td>
<td>Tuesday 5th May</td>
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<tr>
<td>Disney Disco</td>
<td>Friday 8th May</td>
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Canteen

Last term you were informed that the canteen will no longer be operating at the school as Di has had to close her business. All lunch orders must be submitted online [www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au) by 9am each day. Lunches are then delivered to our school and distributed to classes.

Breakfast Club

Kate Raynor, our new chaplain has settled into her role and will be managing the Breakfast Club from next week. At this stage breakfast will be available on Monday, Thursday and Friday from 8am. If you are able to assist please contact the office.

Kind regards

Mrs Karen Macri
Principal

Merriwa Primary School will be on a Local Matters jar at Grill’d Ocean Keys this May

We’ve been selected to participate in Local Matters at Grill’d Ocean Keys this May!

Local Matters is the Grill’d community donation program that sees each Grill’d restaurant donate $500 back into the community every month. The donation is split between 3 local community groups $300 / $100 / $100.

**HOW YOU CAN HELP?**

We’d love your support in receiving the highest $300 donation! Simply head to Grill’d Ocean Keys during May, for a burger and pop your Local Matters token in our jar. The group with the most tokens at the end of the month receives the largest donation.

It’s a simple (and delicious) way to show your support!

You’ll find us on a jar at Grill’d Ocean Keys, Ocean Keys Shopping Centre 36 Ocean Keys Blvd, Clarkson.
Dear Parents/Carers,

Welcome back! I trust that you have had a safe and wonderful holiday. During the break Room 24 & 25 underwent some renovations and now has vinyl flooring. Some up and coming events this term include the Mothers Day Stall, the P&C School Disco, the Food Revolution Day and the Disability Awareness Day where students will have the opportunity to dress in their favourite organisation’s colour. The majority of our staff have enrolled in the Auslan course through TAFE and are looking forward to utilising their new skills in the classroom.

Thank you to all the families that attended the Anzac Ceremony on Wednesday. It was wonderful to commemorate one of the most significant events in our national calendar together.

Christina Maunick-Sallie
Principal
ESC

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Next Week’s Activities

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tr>
<td><strong>Before Care</strong></td>
<td><strong>Act It Out</strong></td>
<td><strong>French Musical Chairs</strong></td>
<td><strong>Monopoly</strong></td>
<td><strong>Balloon Blowing Race</strong></td>
<td><strong>Design a menu</strong></td>
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<td><strong>Activities</strong></td>
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<td><strong>After Care</strong></td>
<td><strong>Robot Dancing</strong></td>
<td><strong>Clown Face</strong></td>
<td><strong>Mandala Colouring</strong></td>
<td><strong>Chain Chasey</strong></td>
<td><strong>Hula Hoop Haven</strong></td>
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Parent Information

OSHC program phone: 0434 517 166
Coordinator: Rachel Manship
Assistants: Caitlin Crawford
OSHClub Head Office: 03 8564 9000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Early and Late Arrivals
Children must not arrive at school before 8.00am unless going to the OSH Club or being supervised by parents/carers. Children arriving between 8.00 and 8.20 (first siren time) must wait in the undercover area or playground area near the flag poles. The school does not provide teacher supervision before 8.00am and duty of care cannot be guaranteed. Late arrivals, children arriving after the second siren at 8.30am must report to the office before continuing on to their class. These children are marked late.

Review of the children’s crossing on Baltimore Parade
The school has been advised by the Children’s Crossing and Road Safety Committee that the school crossing will be reviewed in the near future. The review will be two morning and two afternoon surveys. The school encourages all pedestrians, children on scooters, bikes or skate-boards to use the crossings so the committee get a true picture of the school community’s needs.

Please note that all Children’s Crossings are being reviewed, so please make sure we use it, so that we don’t lose it!

PAYMENT FOR INCURSIONS/EXCURSIONS

We are now using a new money envelope system for the collection of incursion and excursion charges. Please note that the permission slip and envelope are to be handed to the classroom teacher. The students full name and class number should be written clearly on the envelope and the correct money needs to be placed in the envelope as change will not be given.

Thank you

Energy drinks

Energy drinks are not suitable for children and teens. They are also not recommended for pregnant women, people with heart disease, or people who are sensitive to caffeine.

Energy drinks typically contain;
- caffeine (ranges from 30mg/250ml to 150mg/250ml, depending on the brand);
- guarana (a caffeine extract from a plant);
- sugar (in higher quantities than sports drinks);
- protein (the amino acid taurine is often added to these drinks), and;
- Vitamin B.

The high caffeine content of these drinks can produce a variety of unpleasant side effects. The high sugar levels in these drinks can reduce the body’s ability to absorb water, meaning that it is dangerous to consume these drinks before, during or after physical activity. It is particularly dangerous to mix energy drinks with alcohol.

For more information go to www.heartfoundation.org.au

Community Health Nurse
North Coastal Zone
Child and Adolescent Community Health
ANZAC POEM

Before dawn the brave Anzac troops arrived on the battle fields of Gallipoli, their hearts pounding.

The Turks are waiting, then a “crack” of a rifle starts it all. The war has begun, the Anzac’s are fighting for their lives. From that day on we will remember them as our brave soldiers.

By Shonola Kennedy

ANZAC POEM

The soldiers stood on the dark beaches waiting for the first gun shot to start the war. Men died fighting for our country.

Some survived the war, but at the end no one won.

By Emma Geyer

ANZAC POEM

The soldiers stood on the dark and mysterious beach not knowing what lies ahead, even though they seemed brave, they were all scared of what was waiting for them.

Suddenly it began to start, they were battling for their lives. But most of them did not survive, but those who did not survive, we will remember them. Lest We Forget.

By Maqayla Willis-Moore

ANZAC POEM

The diggers stood in their trenches, waiting for the enemy to breach.

Their commander was out fighting, as their way was brightening, the Turks stood in the way of the glory the Anzac’s could have.

By Kyle Warr