Kindy

Work Package 1

Term 2, 2020 - Weeks 1 - 3



Merriwa Primary School



Merriwa Primary School

Learning Activities Week I Kindy

Imaginative Play and Investigation	Build a Blanket Fort Pretend you are / there is a bear in a cave. What other animal could be in the cave. Take a torch and read in your cave.	What Lives in my Garden?	Have a tea party Write an invite to your family and toys. Don't forget to set the table and serve delicious cakes and cookies.
Fundamental Movement and Mindfulness	Animal Walks Stuffed Animal Breathing	Follow the Leader Blow Bubbles	Dance Party Balance Dice
Fine Motor	Tracing or colouring Place a tracing sheet into a sheet protector and use a whiteboard maker to trace the lines	Cutting or Tearing Make a collage of something you found in the garden Make a collage with things you found in the garden	Threading Thread some beads on to a toothpick - place in a playdough cake Thread cut fruit onto spaghetti or toothpicks - serve at your tea party
English	Nursery Rhymes - read, watch, sing and do actions Read or watch - We're Going on a Bear Hunt - act it out What happened in the beginning, middle and end of the story	Nursery Rhymes - read, sing and do actions Clothes Semantic Scene - ask the questions and model the correct answers	Nursery Rhymes - read, sing and do actions Read or watch - your favourite story act it out What happened in the beginning, middle and end of the story
Maths	Count to 10 (YouTube sing and dance to 20) Peg the correct number of pegs to the number cards I-Spy Shapes	Count to 10 (YouTube sing and dance to 20) Match the dot cards with the number cards Colour Walk	Count to 10 (YouTube sing and dance to 20) Place the correct number of beads to the number cards I-Spy Shapes



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Learning Activities Week 2 Kindy

Imaginative Play and Investigation	Make a supermarket Pretend you are the shopkeeper What could you sell? Don't forget to make signs & money for your shop.	Houses and Buildings	Be a Doctor Check up on your patients Write a prescription Perform surgery on playdough people.
Fundamental Movement and Mindfulness	Beans Shape Breathing	Cosmic Kids Yoga / Animal Poses Blow Bubbles	Balance Challenge Craft Breathing
Fine Motor	Balancing Balance beads or marbles on top of lego, golf tees. Balance blocks on top of each other	Cutting or Tearing Cut using the practice sheets	Sorting Use a peg to pick up beads, pom poms, cut string, straws etc. and sort by colour (if one thing) or shape or type (if mixed)
English	Nursery Rhymes - read, watch, sing and do actions Listening Walk - go for a walk and listen for sounds. draw and write what you heard in the order that you heard it. What was your favourite sound?	Nursery Rhymes - read, sing and do actions I-Spy Pets - ask the questions and model the correct answers	Nursery Rhymes - read, sing and do actions Read or watch - your favourite story act it out What happened in the beginning, middle and end of the story
Maths	Count to 10 (YouTube sing and dance to 20) Peg the correct number of pegs to the number cards Which is heavier	Count to 10 (YouTube sing and dance to 20) Match the dot cards with the number cards Shape Tracing	Count to 10 (YouTube sing and dance to 20) Place the correct number of beads to the number cards I-Spy Nursery Rhymes



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Learning Activities Week 3 Kindy

Imaginative Play and Investigation	Make a Zoo Pretend you are the zookeeper Make the animals habitats Don't forget to make signs & feed your animals.	Shadows	Be a Travel Agent Find places in the world to go on holiday Make plane tickets and travel brochures
Fundamental Movement and Mindfulness	Obstacle Course Stuffed Animal Breathing	Musical Balances Shape Breathing	Cosmic Kids Yoga / Dance to music Blow Bubbles
Fine Motor	Tying and Untying Knots and Laces Practice tying and untying knots with ribbons and laces. Try tying shoelaces (pipe cleaners can be used to help learn how to make and hold loops)	Cutting or Tearing & Scrunching Cut or tear paper and sort into colours. Scrunch the paper and glue to make a collage picture	Buttoning Place a shirt over a chair and practice unbuttoning and buttoning it up again.
English	Nursery Rhymes - read, watch, sing and do actions Following Directions - Play the game. Follow the directions and see who wins (only I step questions included in this pack)	Nursery Rhymes - read, sing and do actions Zoo Semantic Scene ask the questions and model the correct answers	Nursery Rhymes - read, sing and do actions Read or watch - your favourite story act it out, draw your favourite part What happened in the beginning, middle and end of the story
Maths	Count to 10 (YouTube sing and dance to 20) Play memory with the number cards Playdough Shapes either flatten or roll sausages to go around the outside of the tracing shapes. (place the tracing shapes in the plastic sheet protector so they last longer)	Count to 10 (YouTube sing and dance to 20) Find a collection of objects Count them and Sort them by shape, colour, feel, if they roll. What other ways can you sort them?	Count to 10 (YouTube sing and dance to 20) Place the correct number of beads to the number cards I-Spy Dinosaurs

IMAGINATIVE PLAY

Imaginative, dramatic, pretend or make believe play is a vital part of a child's development. Play helps children to engage in and understand the world around them.

It develops their language, creativity, empathy, turn-taking, sharing, problem solving, physical skills and emotional development.



INVESTIGATIONS

- · These activities can be repeated and extended upon.
- Encourage your child to explore the ideas that they are interested in.
- · You can brainstorm other topics with your child that they would like to investigate.

What lives in my Garden?

Take some paper (with a clipboard if you have one) and draw some of the interesting living things you see.

- Make crayon rubbings of interesting patterns
- Sort what you find into groups insects, plants, living / not living
- · Ask questions to find out more about something you saw
- Tell someone about the order you found things in first, next, then

Houses and Buildings

Can you make a house or a building?

- Use any materials that you have to create a house or a building
 - You could create a whole town.
- Find out if it can be blown down.
- How could we make a building taller that you?
- Draw your building or town
- What could live in your building?
- Can you make a building or town for your toys to fit inside?

Shadows

- What different shadows can you make?
- Trace around shadows of objects
- Place one tall object on the ground / piece of paper and trace the shadow at different times of the day,
 - What happens to the shadow?
- Explain to an adult how shadows are made. Find out if you were right.
- What happens to shadows when it gets dark?



FUNDAMENTAL MOVEMENT SKILLS, GAMES, FITNESS, YOGA AND DANCE

Any activity where your child is using their whole or parts of their body to move can be used to practice their Fundamental Movement Skills.

Fundamental Movement Skills

Balancing Jumping Hopping Catching (and bouncing)

Kicking Running Overarm Throw Dribble (soccer)
Skipping Dodging Two-handed strike Dribble (basketball)

Traditional Games

- Tag / Chasey change the movement from running to jumping, skipping or galloping or when caught the have to jump / hop / star jump on the spot until they are freed by another player.
- Simon Says callers says "Simon Says" and an action or movement. If they don't say "Simon Says" and the children do the action they have to pay a penalty e.g. 5 star jumps.
- Follow the Leader children line up behind I person and follow all the movements that the leader makes (can even be through an obstacle course) or the children face the leader and copy all the moves they make.
- What's the Time Mister Wolf?- the 'wolf' stands away from the others. The children call "what's the time Mr Wolf?" the wolf calls a number and the children take that many steps / jumps / hops etc. towards the wolf. when the wolf calls "dinner time" the children run away and the wolf tags as many as they can. If they get tagged the children jog / jump / hop / balance etc. on the spot until a new wolf is chosen.

Fitness / other movements

touching toes sit-ups push ups squats climbing crawling catching, bouncing, kicking, throwing a ball riding a bike pencil roll / rocket roll (lots of fun when rolled into a blanket)

Yoga

• Cosmic Kids Yoga - Youtube

Dance

- Create your own dance play music and move to the beat
- Follow the song / rhyme lots of children's songs instruct the children on how to move e.g. Heads, houlder, knees & toes, Teddy bear, teddy bear, Can you (point your fingers) etc.
- Musical Statues / Bobs / Chairs play some music and when the music stops the children have to freeze / squat down / find a chair to sit in.





YouTube Kids – can be downloaded as a free app or used on a computer. Set up is easy and parents are able to set age and search restrictions for each child.

Fitness

MOVE WITH ME Brain break exercise song for kids fitness songs for kids TheLearningStation FITNESS FUN build your body and build your brain fitness songs for kids Jack Hartmann CROSSOVER brain breaks crossover brain breaks song cross the midline Jack Hartmann I CAN MOVE MY BODY LIKE ANYTHING movement song for kids Jack Hartmann COOL SPORT FITNESS SONG action song for kids hearty fun children love to sing love to sing SHAKE YOUR SILLIES OUT brain breaks songs for kids kids action songs TheLearningStation SHAKE BREAK action songs for kids sing and dance Pancake Manor

Balance

HUNGRY FLAMINGO - Maximo GoNoodle TIGHT ROPE - Maximo GoNoodle SUPER SCOOPER - Maximo GoNoodle SURFER DUDE - Maximo GoNoodle

Mindfulness

RAINBOW BREATH - Flow GoNoodle
MELTING - Flow GoNoodle
BELLY BREATHE -

Dance

ANIMAL DANCE AND FREEZE fun movement brain break Jack Hartmann

Yoga

COSMIC KIDS YOGA

Maths

THE 7 DAYS OF THE WEEK SONG - days of the week kids songs Jack Hartmann LETS COUNT TO 20 SONGS FOR KIDS Dream English Kids WHAT SHAPE IS IT - learn eight shapes with lyrics Dream English Kids COLORS ACTION SONG WITH MATT - learn 7 colors Dream English Kids

Nursery Rhymes

COCOMELON - NURSERY RHYMES SUPER SIMPLE SONGS - NURSERY RHYMES BOUNCE PATROL - NURSERY RHYMES

English

FUN PHONICS FITNESS letter sounds for kids exercise song Jack Hartmann LISTENING GAMES (search)

ANIMAL WALKS



Age: 3-5 years, 5-8 years

Participants: 2+

Setting: Home, School, ECEC

Equipment: Cones or objects to mark boundaries (optional)

Skills











Set Up:

• Mark out an area that kids can animal walk in.

Description:

Kids have to move around like the animal the coach says

- Hop like a kangaroo
- Jump like a frog
- Crawl like a bear
- Walk tall like a giraffe
- Run fast like a cheetah
- Walk like a crab
- Zoo! be any animal that you like

Variations:

- Ask the children to come up with the next animal walk to do
- Make the animal noises

Teaching points:

Running **Jumping** Hopping Skipping Balancing Head and eyes motorbike landing Quiet landing (bend step-hop, step-Head up look ahead (to avoid (arms forward, bend ankles, knees & hips) hop, step hop Aeroplane arms ankles, knees & hips, Bend your leg to bumping into things) step forward and Eyes looking feet apart) • Hip to lip (arms are push off hop up forward at bent & travel from hip • Swing (arms) & Head up and eyes look ahead & keep something ahead to lip) spring up looking in body facing Arms bent at Reach for a star direction you are forward elbows and move and bring it down hopping in opposition to again Swing & spring legs • bend legs to push High knees off Land on ball of the foot

BEANS



Age: 3-5 years

Participants: 4+

Setting: Home, School, ECEC

Equipment: Cones or objects to mark boundaries (optional)

Skills







RUNNING

JUMPING

Set Up:

Mark out an area that kids can move in.

Description:

On coaches demand, children perform actions:

- Runner bean run fast around the area
- Jelly bean move with wobbly movement
- Frozen bean stop moving and freeze
- Full of beans crazy running on the spot
- Broad bean giant steps
- Chilli bean shiver and shake
- String bean walk on tip toes with arms stretched up in the air
- Jumping bean jump on the spot
- Balance bean balance on 1 leg

Variations:

- Change commands very quickly e.g. Runner bean / frozen bean / runner bean / frozen bean so children go from running to frozen to running to frozen in quick time
- Nominate a child to call the commands
- Ask children to create their own 'bean movement'

Teaching points:

Running

- Head and eyes look ahead (to avoid bumping into things)
- Hip to lip (arms are bent & travel from hip to lip)
- in opposition to legs
- High knees
- Land on ball of the foot

Jumping

- motorbike landing (arms forward, bend ankles, knees and hips, feet apart)
- Swing (arms) & spring
- Arms bent at elbows and move
 Reach for a star and bring it down again
 - bend legs to push off

Balancing

- Head up
- Aeroplane arms
- Eyes looking forward at something ahead

MUSICAL BALANCES



Age: 3-5 years, 5-8 years, 8+ years

Participants: 2+

Setting: Home, School, ECEC

Equipment: music player and speakers

Skills



RUNNING









Set up:

coach controls the music

Description:

Like musical statues except when the music stops in Musical Balances you have to freeze and then balance like one of the **Animal Balance Poses**

- animal balance poses can be called out and shown / demonstrated by the coach
- animal balance poses can be pictures on the ground the children have to go to when the music stops

Animal Balance Poses (see attached sheets)



turtle





giraffe















Variations:

- Change the movement each time the music is played run, skip, hop, jump, sidestep, gallop
- increase the amount of time the balance is held for
- Add in addition balances e.g. 'bridge balance', 'bottom balance'

Teaching points:

Running **Jumping** Hopping Skipping Balancing Quiet landing (bend Head and eyes look motorbike landing step-hop, step-hop, Head up ahead (to avoid (arms forward, bend ankles, knees & hips) step hop Aeroplane arms ankles, knees & hips, bumping into things) · Bend your leg to step forward and hop • Eyes looking forward feet apart) Hip to lip (arms are push off at something ahead bent & travel from hip to Swing (arms) & spring Head up and eyes up look ahead & keep (qil · Reach for a star and looking in direction body facing forward bring it down again Arms bent at elbows you are hopping and move in • bend legs to push off Swing & spring opposition to legs High knees Land on ball of the foot















Animal Poses



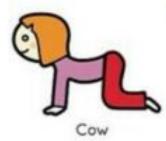


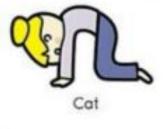
Lion

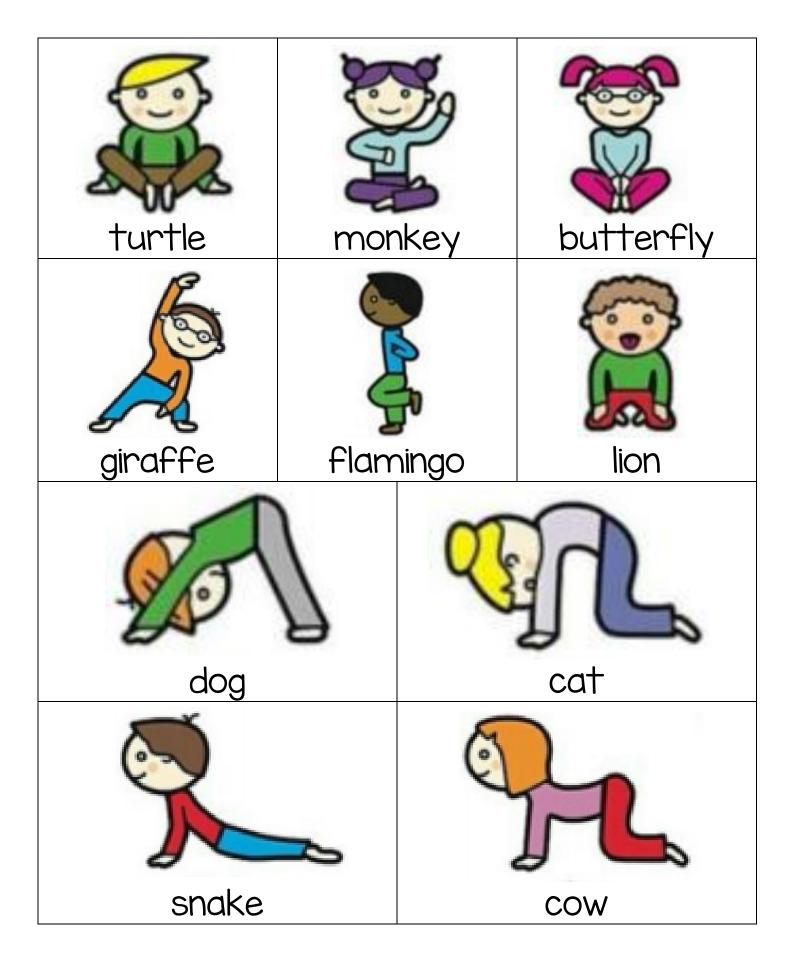


Dog









OBSTACLE COURSE



Age: 3-5 years, 5-8 years, 8+ years

Participants: 1+

Setting: Home, School, ECEC

Equipment: flat markers, toys, table, ball, drawn lines

Skills





JUMPING





SKIPPING



RUNNING

Set up:

• set up an obstacle course that include things the child can jump over (toys), crawl under (table), go around / zig zag (chairs), line to balance along (rope or chalk line) and markers for them to hop, skip, run, jump between and balls to kick, bounce, catch.

Example:



Variations:

- Change the order of the obstacles
- Let child make their own
- Have a time challenge

Teaching points:

Running

- Head and eyes look ahead (to avoid bumping into things)
- Hip to lip (arms are bent & travel from hip to lip)
- Arms bent at elbows and move in opposition to legs
- High knees
- Land on ball of the foot

Jumping

- motorbike landing (arms forward, bend ankles, knees & hips, feet apart)
- Swing (arms) & spring
- Reach for a star and bring it down again
- bend legs to push off

Hopping

- Quiet landing (bend ankles, knees & hips)
- Bend your leg to push off
- Head up and eyes up looking in direction you are hopping
- Swing & spring

Skipping

- step-hop, step-hop, step hop
- step forward and hop
- look ahead & keep body facing forward

Balancing

- Head up
- Aeroplane arms
- Eyes looking forward at something ahead



HOME CHALLENGE: BALANCE ON ONE LEG FOR AS LONG AS YOU CAN

COUNT THE SECONDS ALOUD



Here are some tips to help you:

- Head up
- 🗸 Arms spread like an aeroplane
- 🗸 Look straight ahead

How many seconds did you count?

Write your seconds in the clock



How did this challenge make you feel?

Colour the face







Draw a picture of yourself doing the challenge \

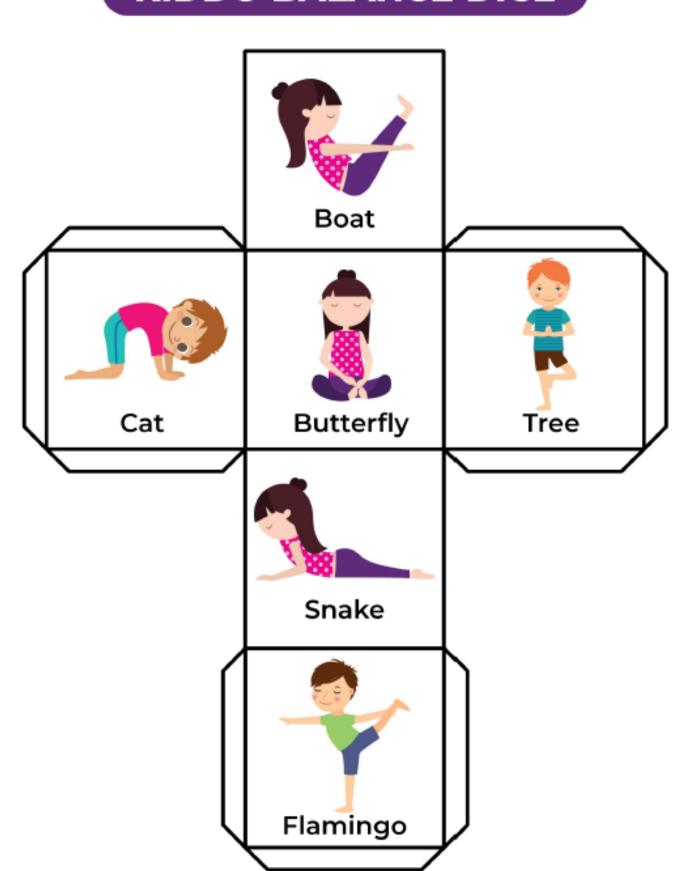






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KIDDO BALANCE DICE



MINDFULL DEEP BREATHING

USING PROPS

USE BUBBLES

Blowing gently to create bubbles is a good way to be playful and breathe deeply. Kids have to blow carefully and slowly to make the bubbles, which is a major reason why I like using it to help kids take deep breaths.

USE A STUFFED ANIMAL TO PRACTICE DEEP BREATHING

Have your child lay down on their back and put a stuffed animal on their belly. Have them breathe in and move the stuffed animal up, then breathe out and bring the stuffed animal back down. This helps teach kids to use their belly to take big deep breaths. Another alternative is to use a weighted stuffed animal.

USE A PINWHEEL

Kids can practice breathing out slowly or more quickly, using the speed of the pinwheel as a measure. Then they can figure out which way works and feels best for them.

DIY CRAFTS

Make a craft using half a paper plate, cardboard roll, crepe paper or ribbons. Have kids blow the crepe paper or ribbons as they take deep breaths.





SHAPE BREATHING

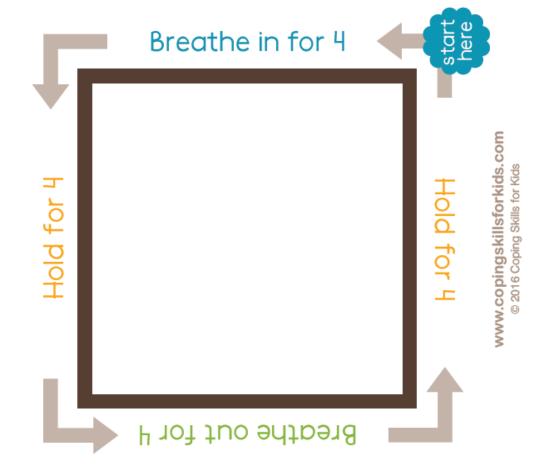
Start on the start cloud or at any "Breathe In" side.

Trace your finger over the "breathe in" side of the shape.

Follow the instructions on the shape you are using.

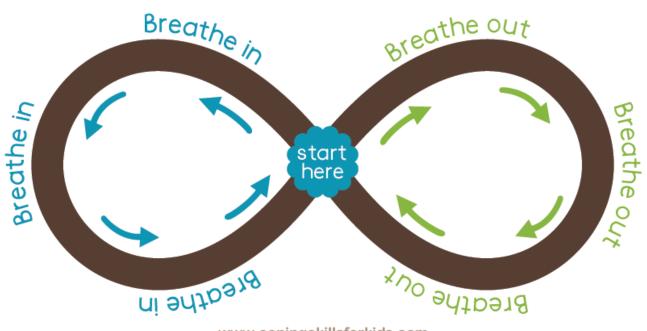
Square Breathing
Start at the bottom right of the square, and follow the arrows around the whole square to complete

one deep breath.



Lazy 8 Breathing

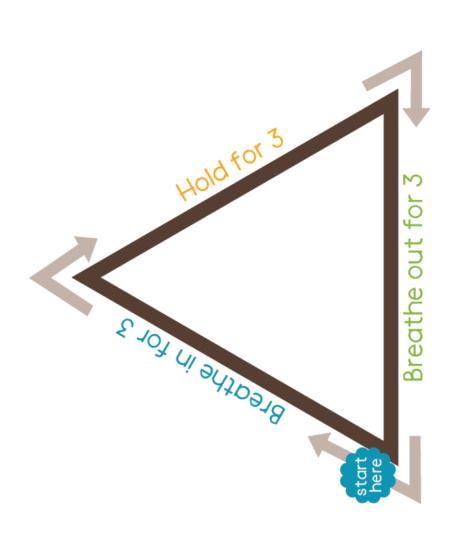
Start with an 8 on its side. Starting in the middle, go up to the left and trace the left part of the 8 with your finger while you breathe in. When you get to the middle of the 8 again, breathe out while you trace the right part of the 8 with your finger.



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Triangle Breathing

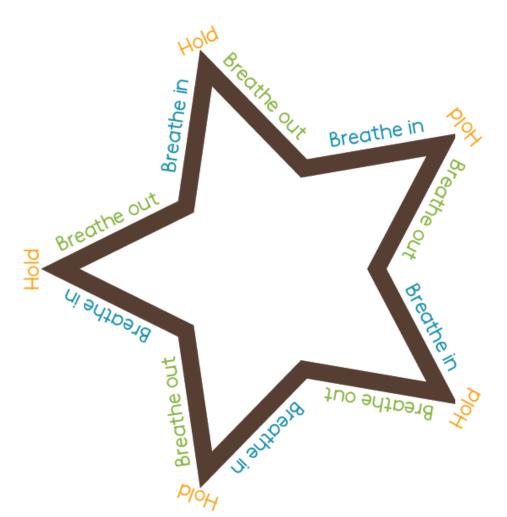
Start at the bottom left of the triangle. Follow the sides around the whole triangle to complete one deep breath.



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Star Breathing

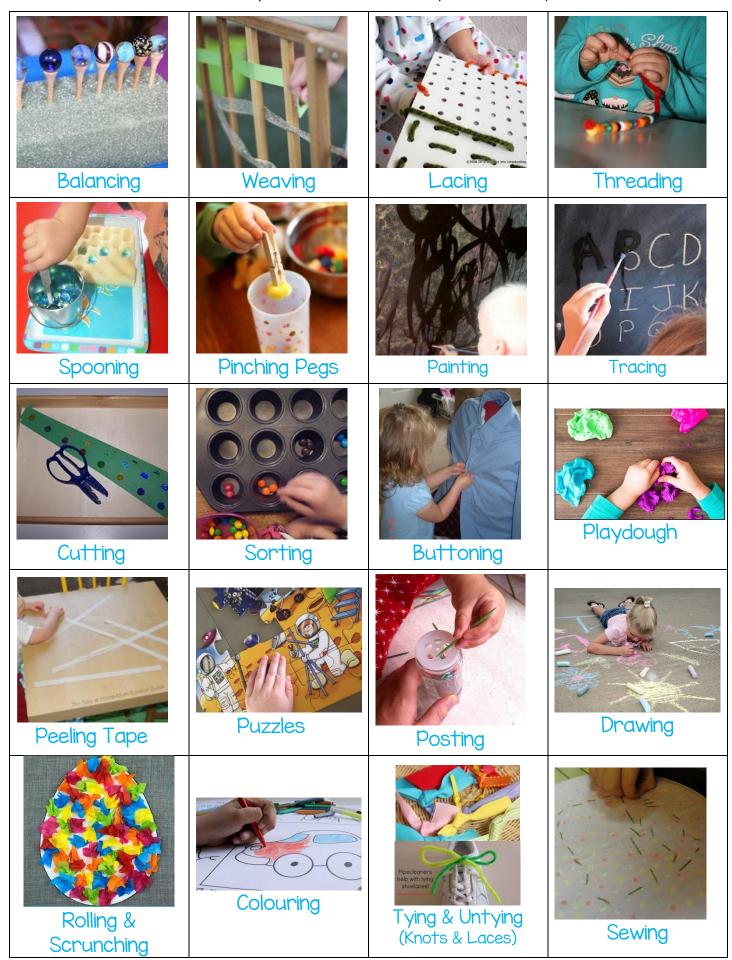
Start at any "Breathe in" side, hold your breath at the point, then breathe out. Keep going until you've gone around the whole star.



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ACTIVITIES THAT PROMOTE FINE MOTOR SKILLS

Certain types of activities work on fine motor skills in ways that strengthen fingers, works on hand-eye coordination and helps with their precision.



MATERIALS THAT PROMOTE FINE MOTOR SKILLS

Play with these kinds of materials and your child will be working on fine motor skills without even realizing it!



2 EASY PLAYDOUGH RECIPE'S

No Cook Playdough

Ingredients:

- I cup plain flour
- ¼ cup salt
- I tablespoon cooking oil
- A few drops of food colouring
- ½ cup water

Steps:

- I. Mix the flour and salt together in a large bowl.
- 2. Make a well in the centre of the dry ingredients and pour in the oil.
- 3. Add a few drops of food colouring to the $\frac{1}{2}$ cup water and mix to combine.
- 4. Add the coloured liquid, a little at a time, to the flour and oil.
- 5. Knead until the mixture is smooth and has the consistency of scone dough. If the mixture is too dry, add more water. Likewise, if the mixture is too sticky, add more flour.

Boiling Water Playdough

Ingredients

- · I cups of flour
- ½ cup of salt
- 2 tablespoons of cream of tartar (can be substituted with 4 tablespoons of lemon, juice or vinegar)
- I tablespoons of oil
- Food colouring
- I cups of boiling water

Steps

- I. Mix all ingredients except the boiling water together into a large mixing bowl.
- 2. Add the boiling water and mix well (note, the food colouring will mix in better if added to the boiling water). Please take care when using boiling water around children.
- 3. Stir well until the mixture is well combined.
- 4. Roll it out on a flat surface and you are ready for some playdough FUN!

NOTE: If you notice that the playdough looks a little runny, you might be tempted to add more flour. Before you do this, allow the mixture to rest for a few moments! That will give the salt a chance to absorb the extra moisture.

You likely won't need any but if your dough is sticky, add an additional ¼ cup of flour at a time.

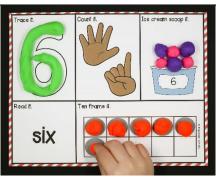
*Keep in air tight container in the fridge.

Playdough Activities



Flatten

With hand or rolling pin (strengthens arms and bilateral coordination). To cover a shape or picture or make a flat surface to draw or stick things into.



Roll Snakes and Balls

Practice using two hands together.

Make the snakes and balls into creatures or ice cream sundaes. How many can you make and count?



Poke It

Use it as a base to stand other things up in. Push toothpicks into it to make birthday cakes with candles. Make monsters with horns, etc.



Snip

Roll the playdough into long snakes. then snip with the scissors.



Find the Treasure

Put small beads, buttons, marbles etc. into the dough and let the children feel and find them all. Try it with your eyes closed.



Making Impressions

Learn about pressure and force.

Hard - cut all the way through.

Soft - leave an impression



Practice Cutting with and Using Utensils

Opportunity to develop their grip and co ordination without spilling food everywhere.



Build a 3D Creature

Make a snowman, caterpillar, turtle, person, monster... anything you can think up



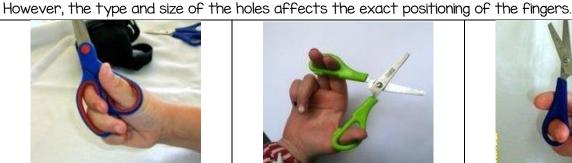
Squeeze

Relax, calm and strengthen hands by squeezing and pulling.

What Is The Correct Scissor Grasp?

(How To Hold Scissors)

Because we want the tripod fingers to get lots of practice (in preparation for holding a pencil), the thumb, index and middle fingers need to be through the scissor holes.



Round and oval holes Thumb through round hole, middle and index fingers through oval hole.

OT Mom Learning Activities



Two oval holes. Thumb through one hole, index and middle fingers through the other hole.



Two round holes. Thumb through one hole, middle finger through other. Index finger on outside for stability.

Holding the scissors in this way enables the tripod fingers to work together. You can help your child keep the ring and little fingers tucked away by holding a little piece of paper under them.

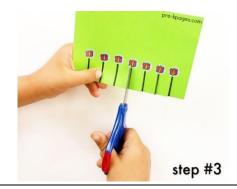




2 Thumbs Up Rule

The thumbs of both the scissor hand and helper hand are on top.





Scissors point and cut away from the body.





How Does A Child Learn To Cut With Scissors?

"Cutting out" involves:

- I. learning the grasp-release motion of using scissors
- 2. learning how to position scissors to cut out on a line
- 3. learning how to hold and move the paper with the other hand

Mastering The Grasp-Release Motion

The first stage of learning how to use scissors is to master the grasp-release motion to **open and close** the scissors.

The fun activities below will help your child get the hang of this motion without using scissors!



Using Spray Bottles

Let your child use a spray bottle to water the plants outside, make a water picture or for some bath-time fun. Squeezing and releasing the trigger helps your child get the hang of a **repetitive** grasp-release motion with the whole hand.



Peg Activities

Opening and closing a clothes pin (clothes peg) can help a child feel the **squeeze and release motion** that is needed for scissors

- Use a clothes pin to pick up bits of crumpled paper or other objects and transfer them to a container.
- Let your child hang small items of clothing on a line strung at his or her level.
- Have your child place pegs around an empty egg carton to make a cage for some toy animals



Ripping Paper

Children exercise their tripod grasp- or their thumb and first two fingers as they grip the paper to rip it. Ripping also requires children to move their hands in opposite directions at the same time which helps develop bilateral coordination skills.



Snipping with Scissors

Snipping is the act of opening and closing the scissors one time only which results in successfully cutting something. Snipping will help children develop the muscles in their hands necessary to cut longer lines later so their hands won't become fatigued.

Cutting or Tearing Activities



Scissors Salad

You'll need green, orange, yellow paper or you can cut those colours from magazines and catalogues.
e.g. green - lettuce, orange - carrots, yellow - cheese etc.



Snipping Sammy

Use a cardboard roll, such as a paper towel roll or toilet paper roll, and use scissors to turn it into Sammy Scissors. Kids will love giving him a haircut.



Snipping Flowers

These bright flowers are made by using scissors to snip the edges of cupcake liners. Kids can practice their scissor skills by trying to cut along the lines, and then stopping at the fold of the liner.



Snipping Playdough

Roll the playdough into long snakes. then snip with the scissors



Paper Bag Jellyfish

Turn brown paper bags into these cute jellyfish. Kids can paint the paper bags, then use scissors to cut the tentacles.



Dot and Cut

This fun activity involves kids first painting dots and drawing lines on blank pieces of paper, which can then be used as a guide for cutting.



Puzzles

Turn any picture into a puzzle. Cut across the picture then reassemble (you can also glue the puzzle onto another piece of paper).



Picture Collage

Use snipped paper to collage over any picture instead of colouring.



Collage

Use snipped paper to make your own collage picture.

Tracing, Colouring, Cutting, Collaging and Drawing

These pages can be used for tracing, colouring, cutting or collaging.

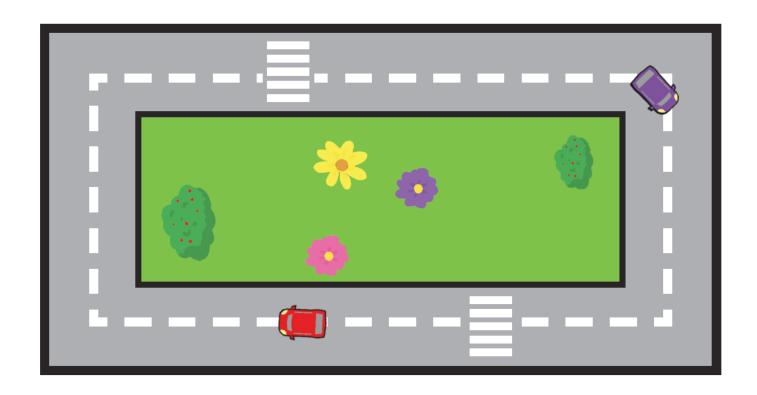
Tracing: place the pages (shape roads, pencil control sheets) inside the sheet protector and use a whiteboard marker to trace the paths. The sheet protector can then be cleaned off with a tissue and used again

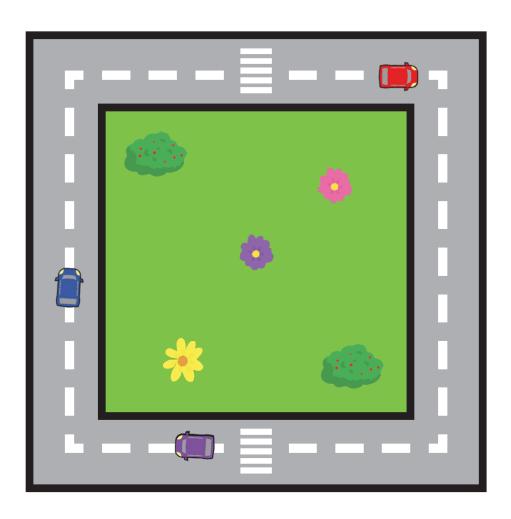
Colouring: encourage the children to practice colouring inside the lines, use different colours (and naming them) and overlap their colouring so that they don't leave white spaces (completely fill the area).

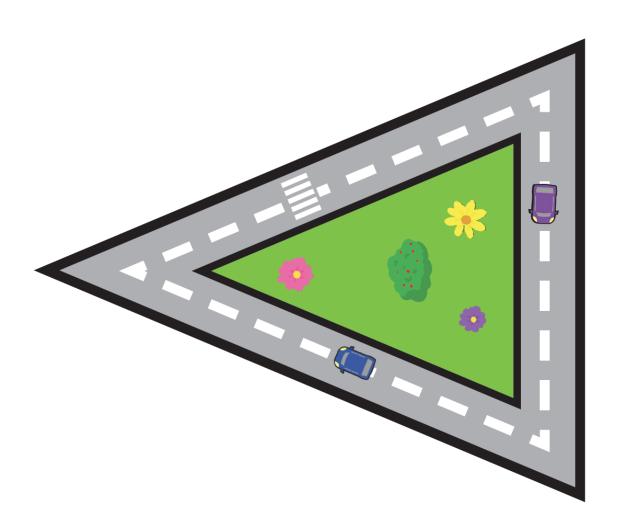
Cutting: chose the picture suitable for right handed (R) or left handed (L) cutters. The other picture can be used for tracing, colouring, cutting puzzles or collaging.

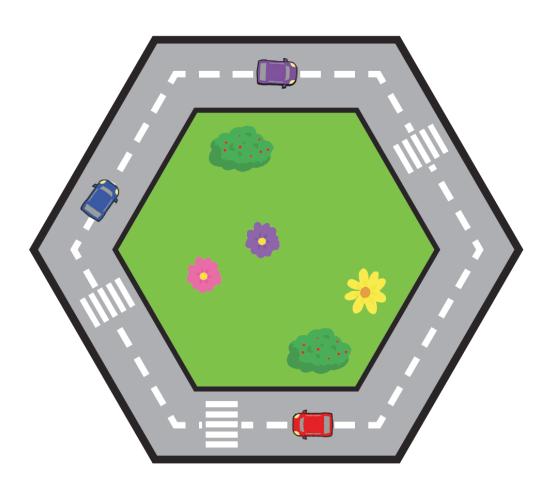
Collaging: have children snip, tear or roll balls of coloured paper or pictures from magazines and catalogues and glue on the picture to fill in the colour.

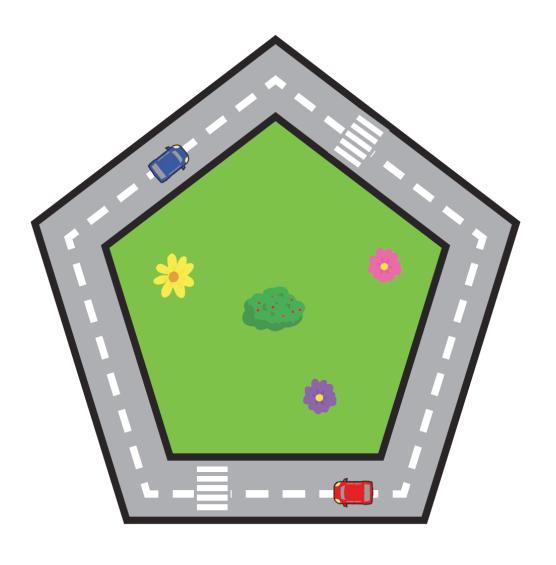
Drawing: have children draw their own pictures they can colour, cut or collage.

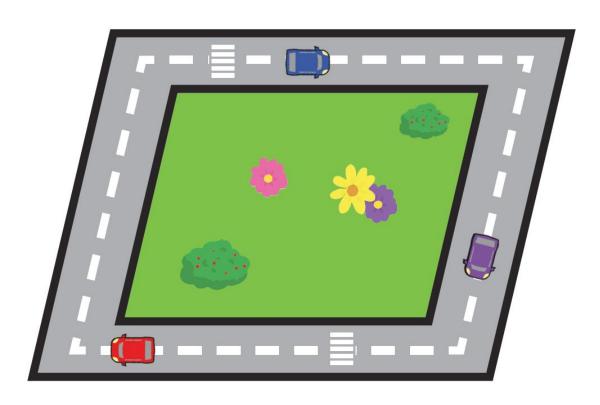


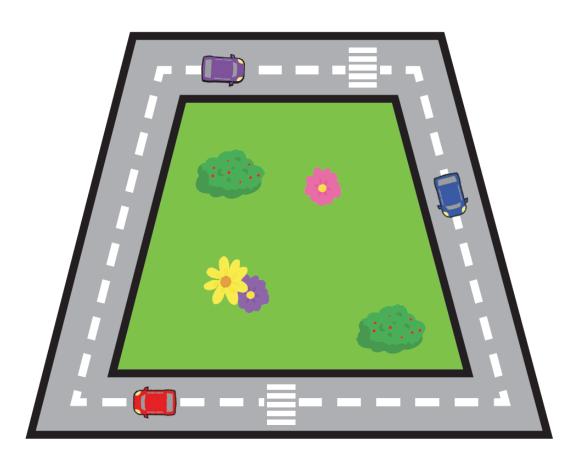


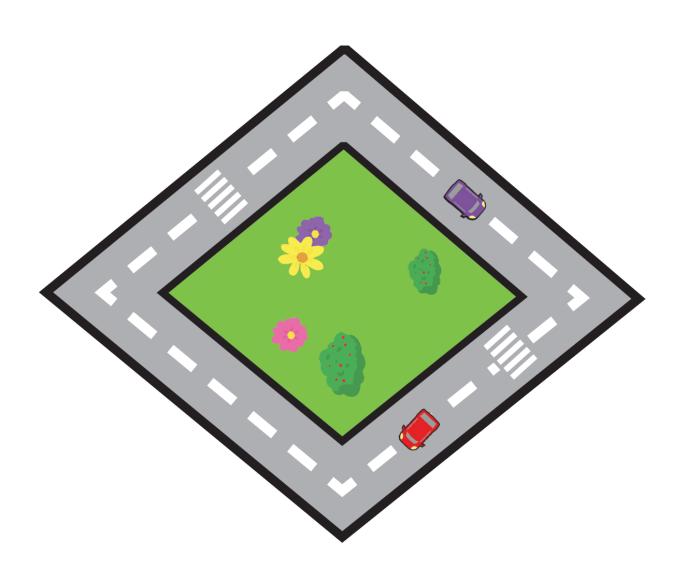


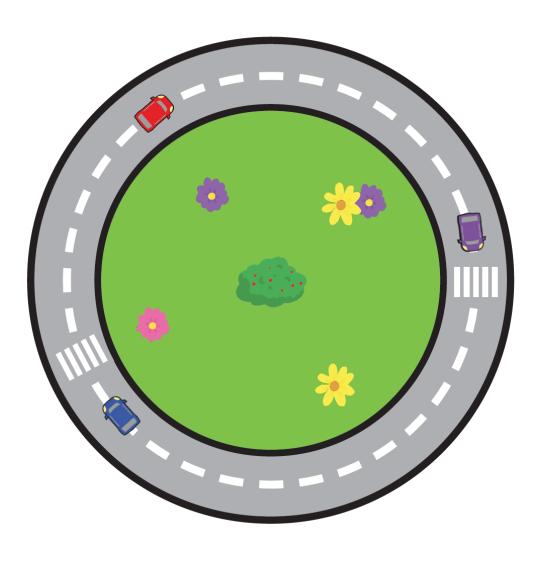


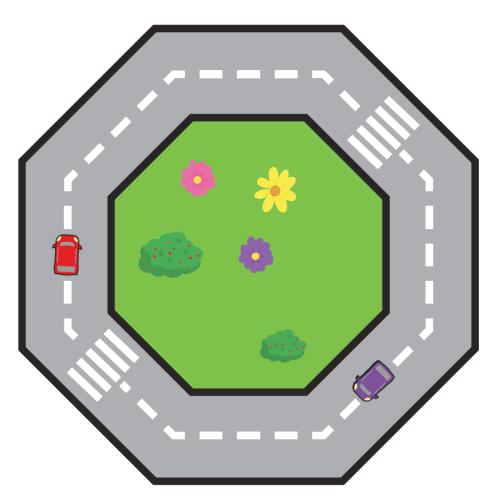




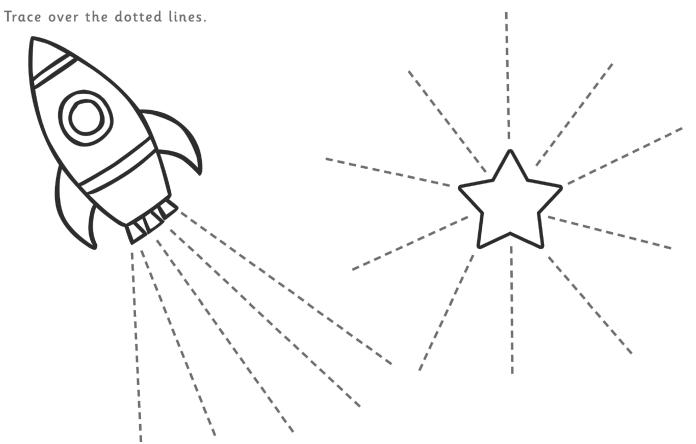








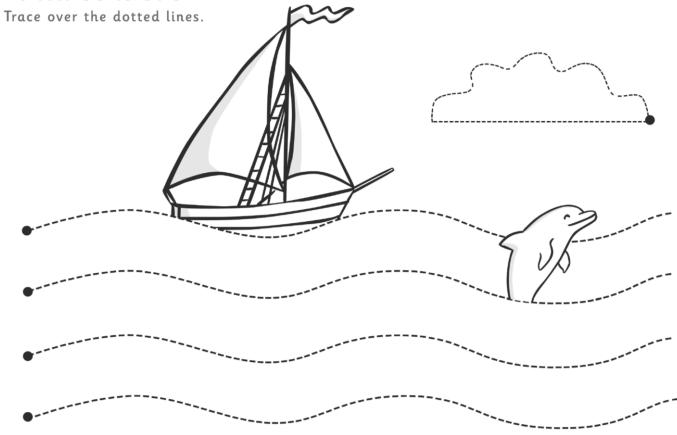
Pencil Control 2





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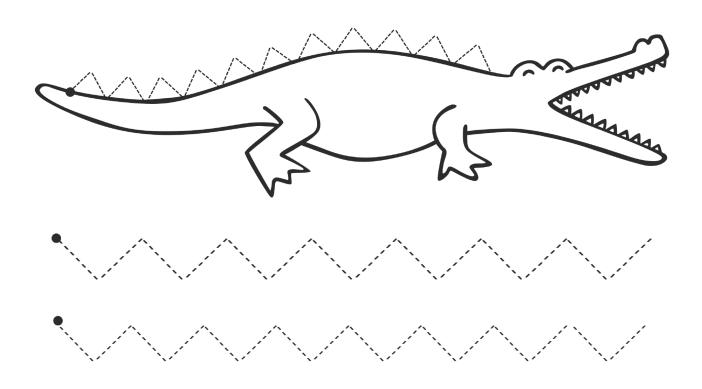
Pencil Control 3





Pencil Control 4

Trace over the dotted lines.

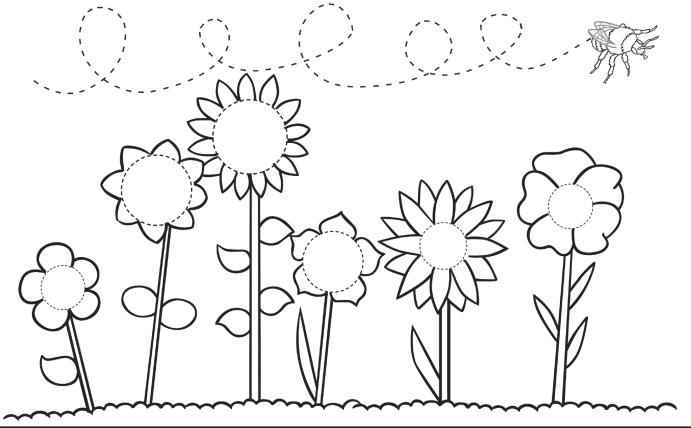


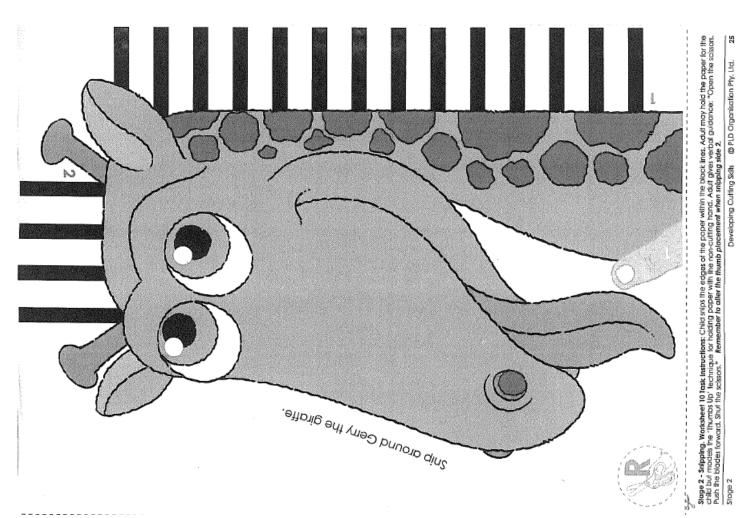


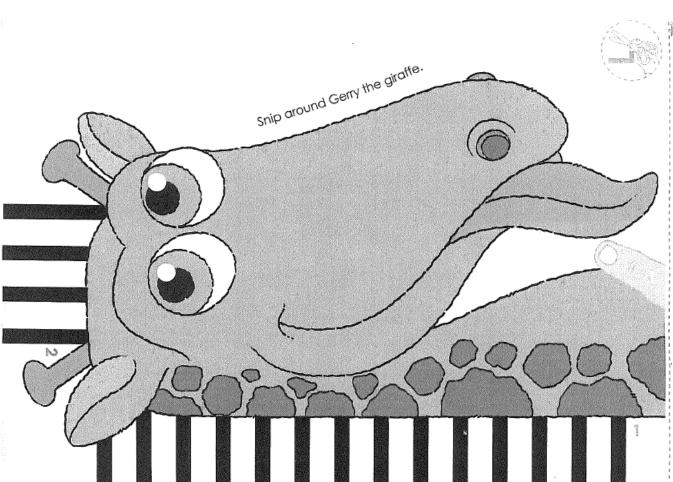
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Pencil Control 5

Trace over the dotted lines.

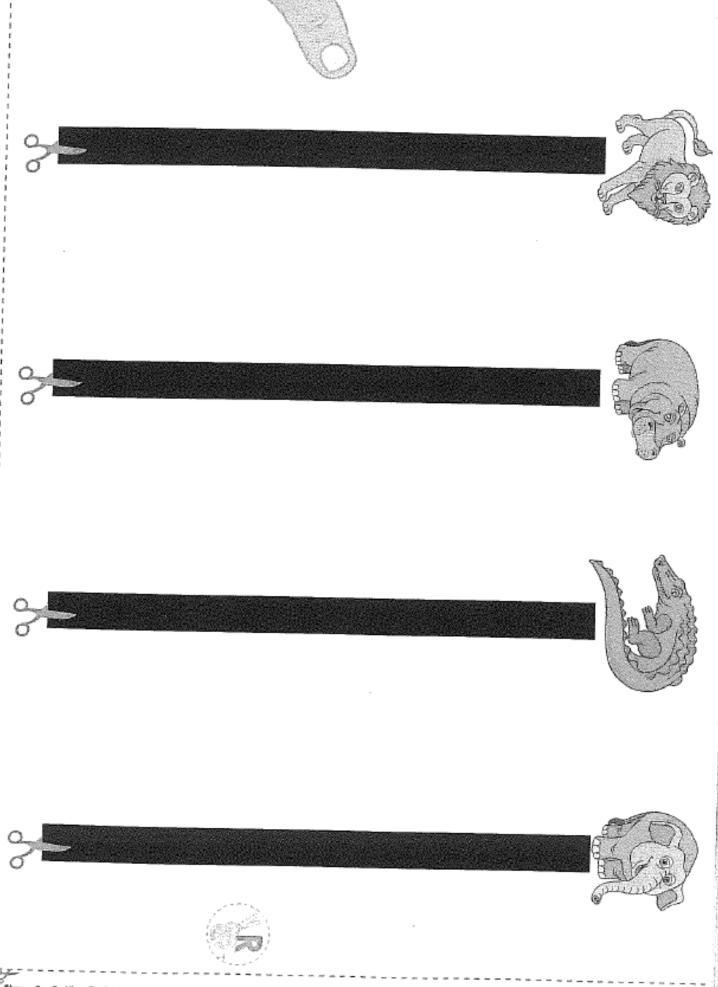




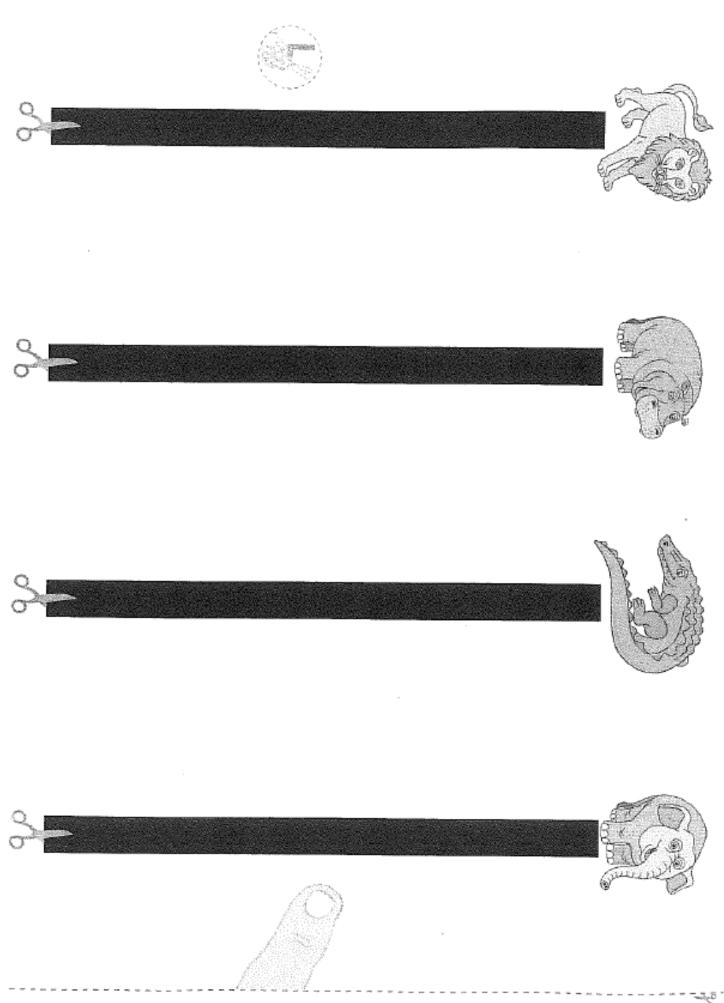


Stage 2 - Snipping, Worksheet 10 Task instructions: Child snips the edges of the paper within the black lines, Adulf may hold the paper for the child branch and the blacks (seward, Shull the scissors." Retrember to aller the thromb placement when snipping side 2.

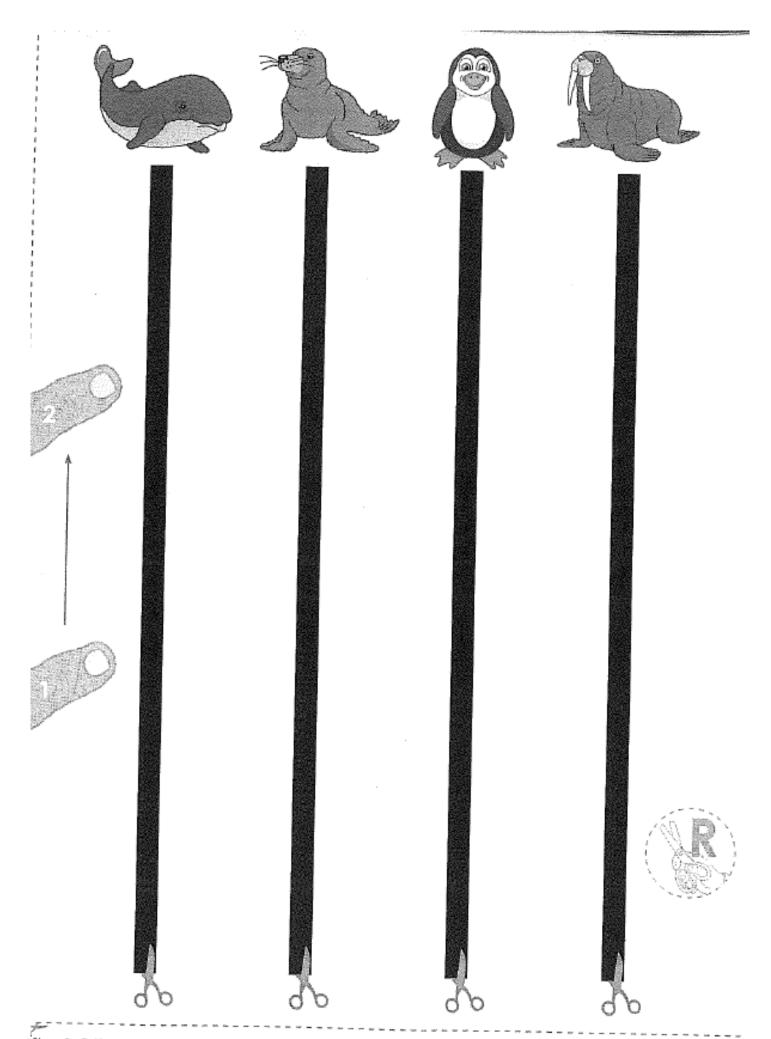
26 Developing Cutting Skills. The provinciation by the child ship is a specific placement of the scissors.



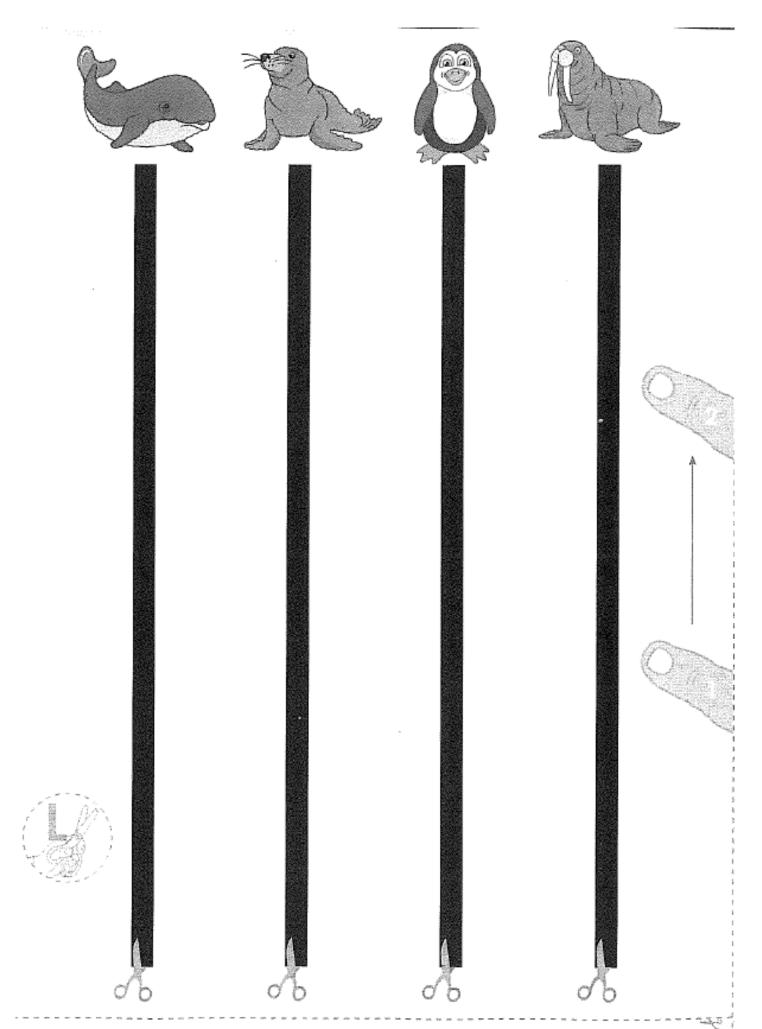
Stage 3 - Cutting To A Target (With Marked Cutting Path Lines). Worksheet 3 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the saissors with your thumb up." ③ "Cut along the black path to the lian, hippopotamus, crocodile and elephant. Try to stay on the black path." ④ "Let's see which of your cutting lines is the straightest."



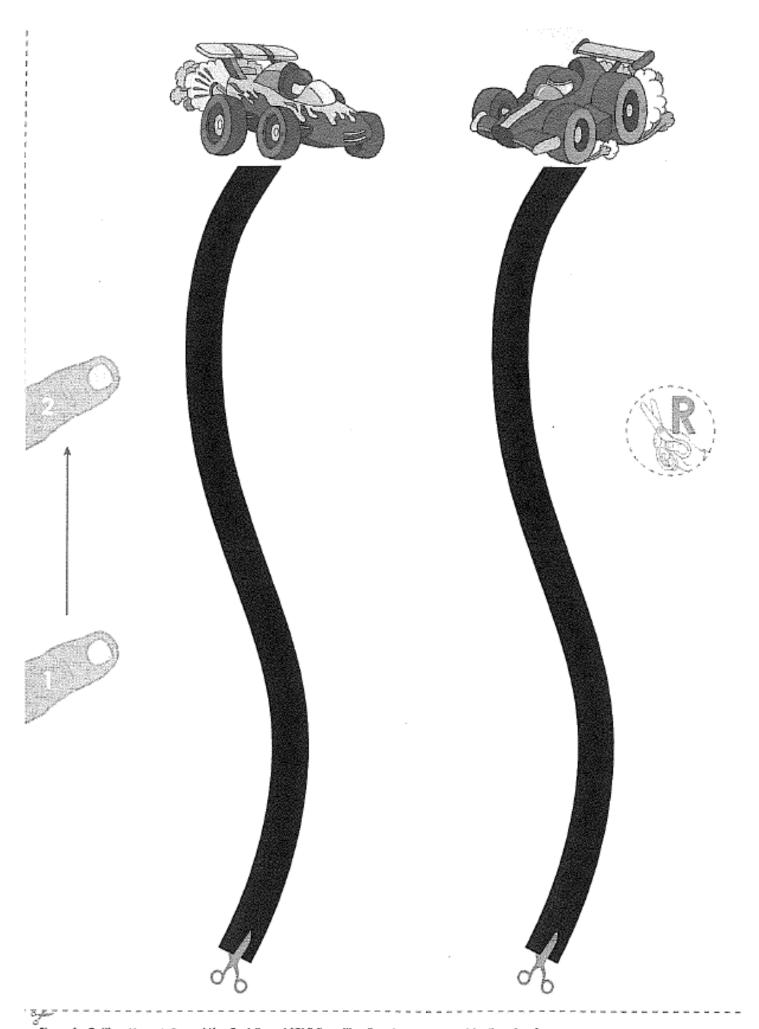
Stage 3 - Cutting To A Target (With Marked Cutting Path Lines). Worksheet 3 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the scissors with your thumb up." ③ "Cut along the black path to the lion, hippopotamus, crocodile and elephant. Try to stay on the black path." ④ "Let's see which of your cutting lines is the straightest."



Stage 3 - Cutting To A Target (With Marked Cutting Path Lines), Worksheet 7 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the scissors with your thumb up." ③ "Cut along the black path to the whale, seal, penguin and walrus. Try to stay on the black path." ④ "Let's see which of your cutting lines is the straightest."

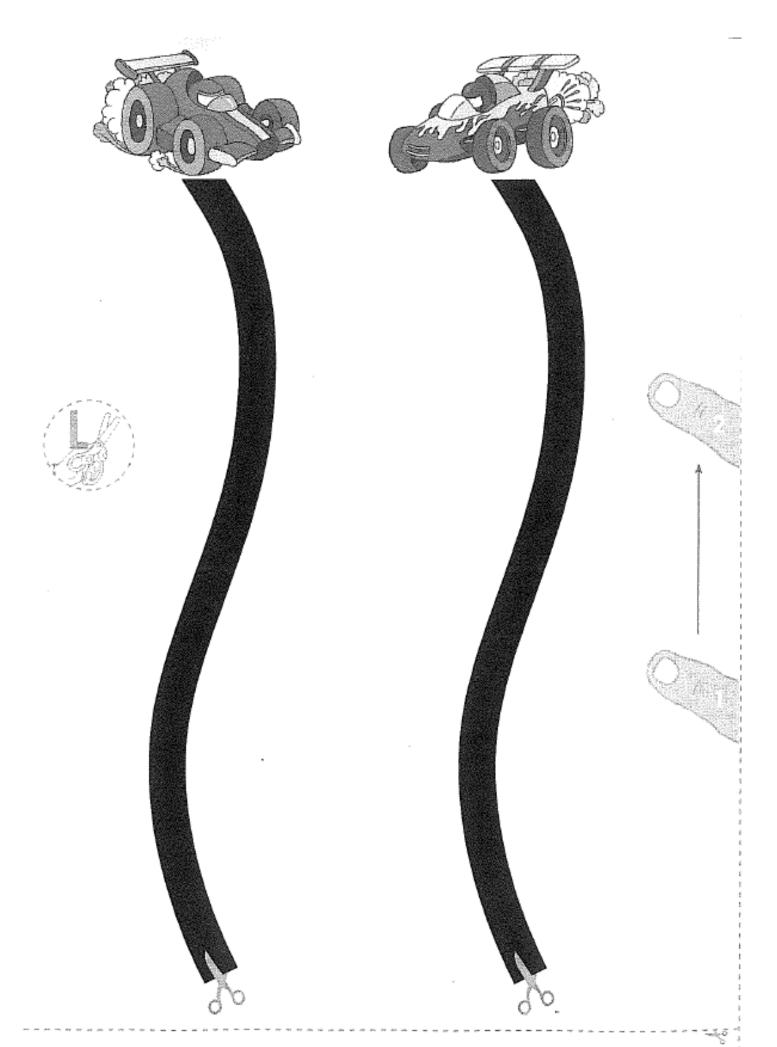


Stage 3 - Cutting To A Target (With Marked Cutting Path Lines). Worksheet 7 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the scissors with your thumb up." ③ "Cut along the black path to the whole, seal, penguin and walrus. Try to stay on the black path." ④ "Let's see which of your cutting lines is the straightest."



Stage 4 - Cutting Along A Curved Line To A Target (Child's cutting line should not be wider than 1cm).

Worksheet 1 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the scissors with your thumb up."
③ "Cut along the black paths to the racing cars and try to stay on the black path." ④ "Let's see which of your cutting curves is the best."



Stage 4 - Cutting Along A Curved Line To A Target (Child's cutting line should not be wider than 1cm).

Worksheet 1 Task Instructions - Adult says: ① "Hold the paper with your thumb up." ② "Pick up the saissors with your thumb up."

③ "Cut along the black paths to the racing cars and try to stay on the black path," ② "Let's see which of your cutting curves is the best."



Developing Cutting Skills © PLD Organisation Pty. Ltd. Signey - Cutting Out Circles (Child's cutting line should not be wider than 1cm).

Worksheet 1 tack instructions - Actus says: (8" "Hold the open with your flumb up." (8" "Pick up the sciscos with your flumb up." (8" "Starting at the sciscor symbols, cut one long line to make the circle. Furn the poper as you cut."

Stage 4. Developing Cutting Sists (8" PLD Organisation Pty. It

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Stage 4 - Cutting Out Circles (Child's cutting line should not be wider than 1 cm).

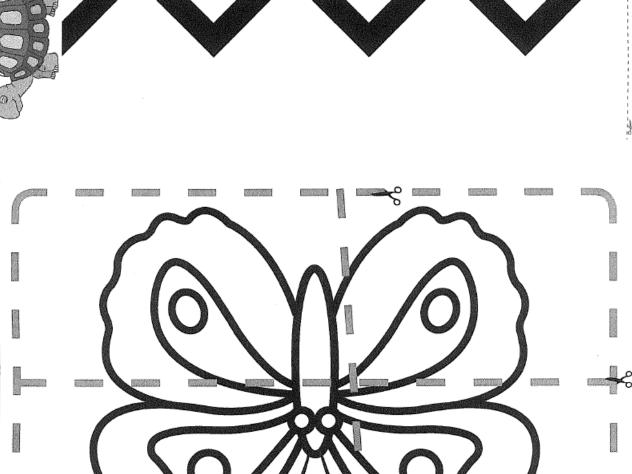
Worksheet 1 fast instructions - Adult says: (1) "Hold the paper with your thumb up." (2) "Fick up the scissors with your thumb up."

(3) "Starting at the scissor symbols, cut one long fine to make the circle. Turn the paper as you cut."

134 Developing Cutting Skills (2) PLD Organisation Pty. Ud.

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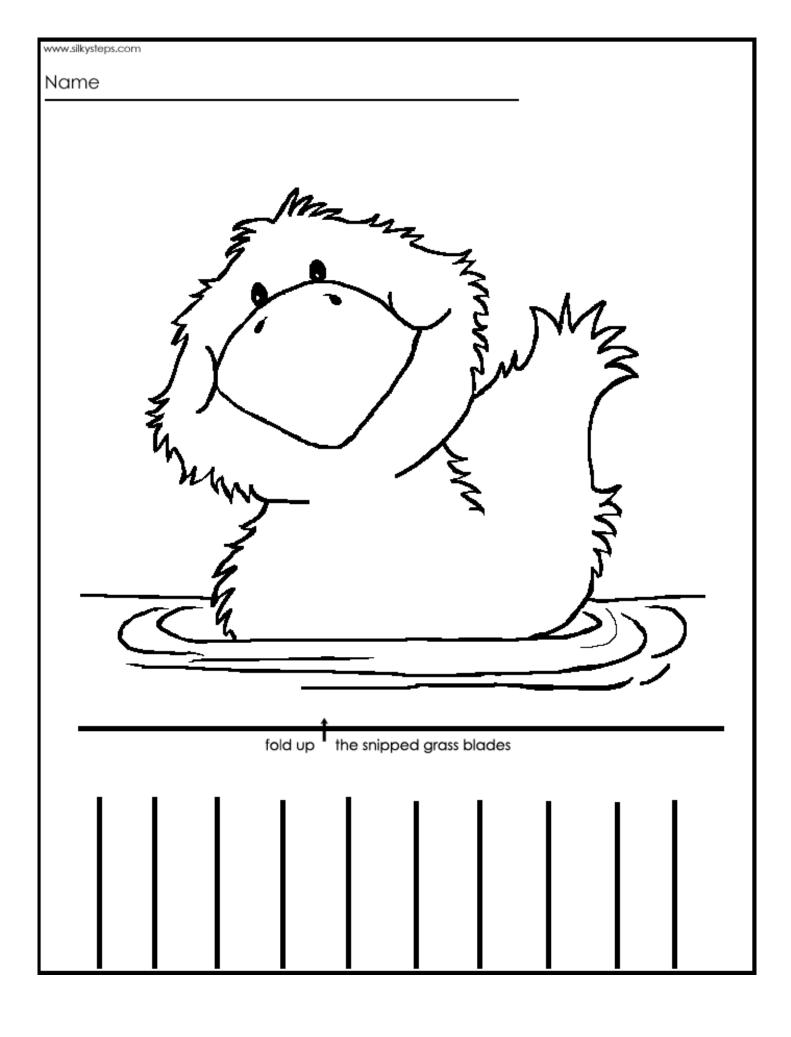
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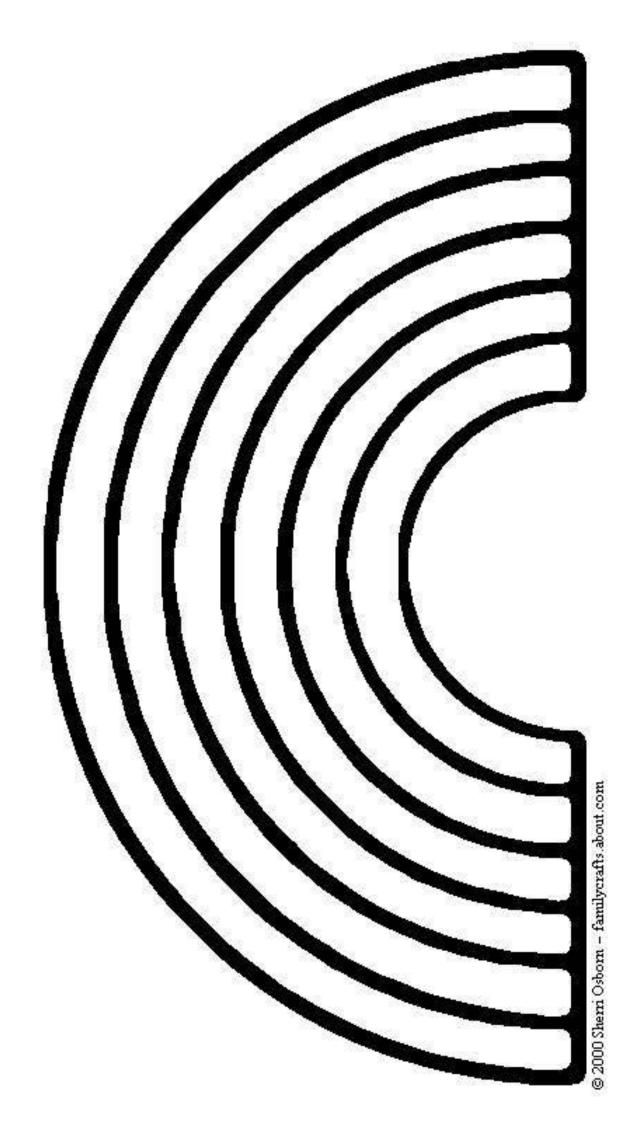


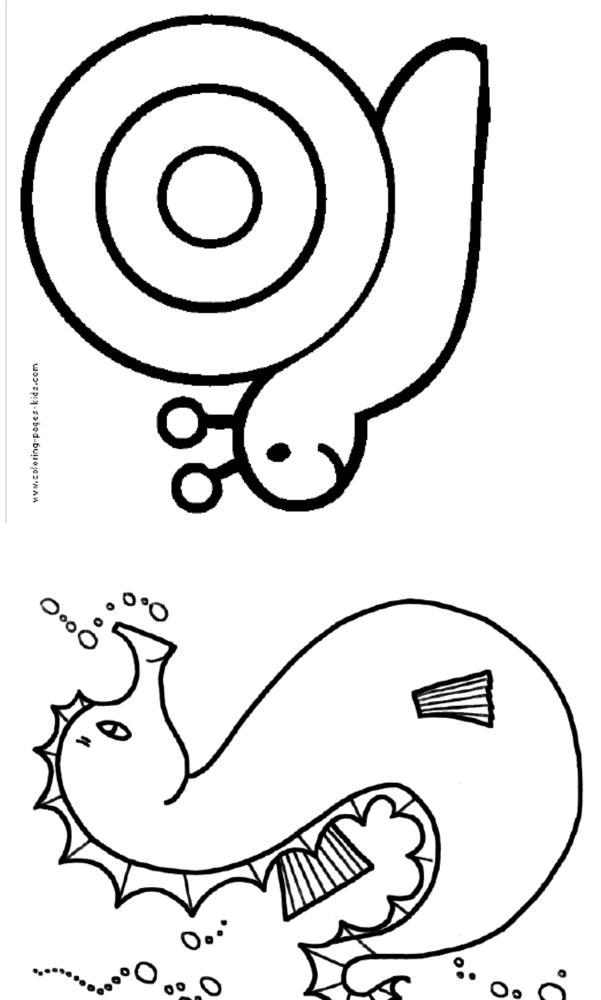
Stage 4 - Colouring And Cutling Out Ilgsaw Puzztes.

Worksheet I fack Instructions - Achil styrs: (Q. "Calour the picture." (Q. "Hold the paper with your thumb up." (G. "Pick up the scissors with your humb up." (G. "Starting at the scissor symbols, out along the didn't lines to make a simple jigsaw puzzle. Remember to turn the paper as you cut." (G. "Kow put your jigsaw puzzle logether with a friend."

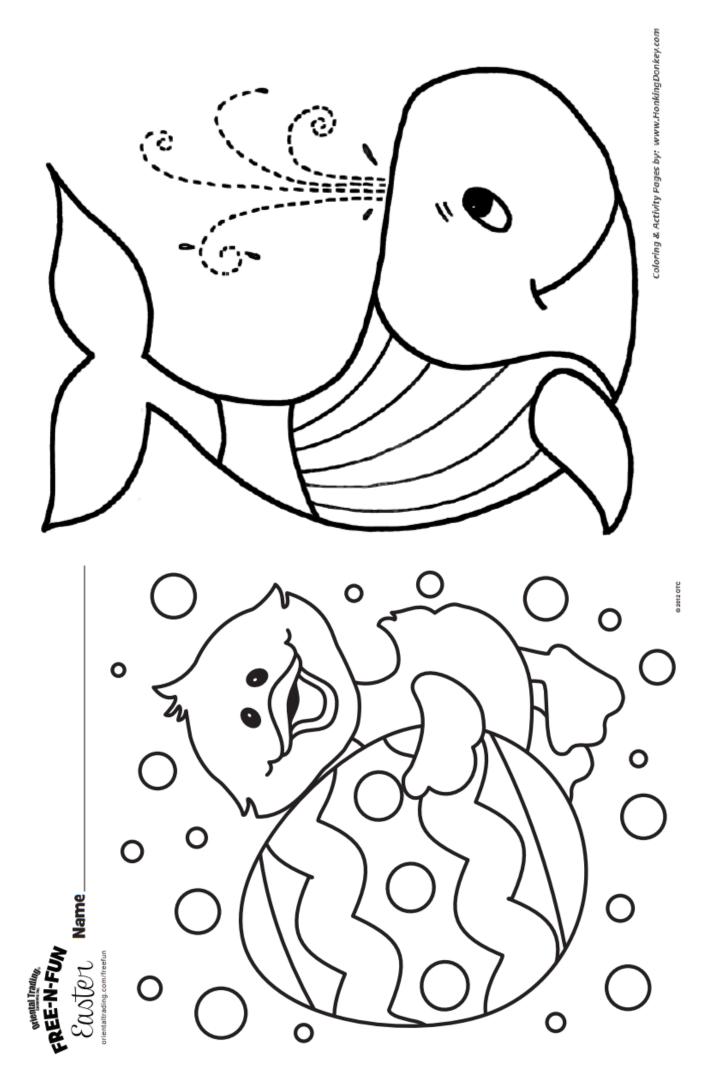
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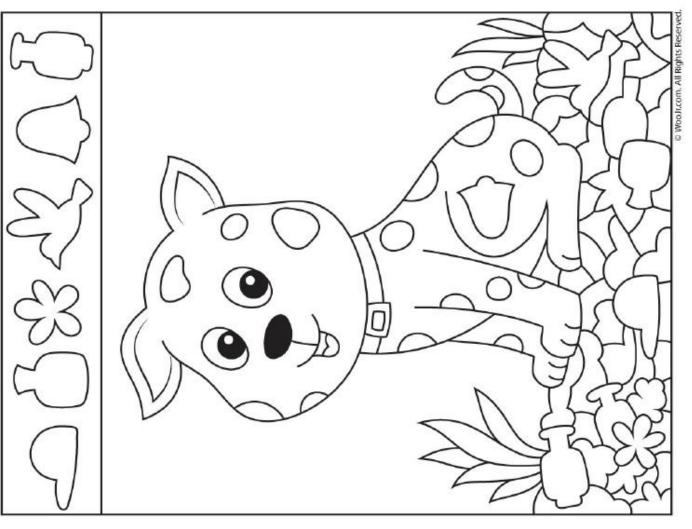


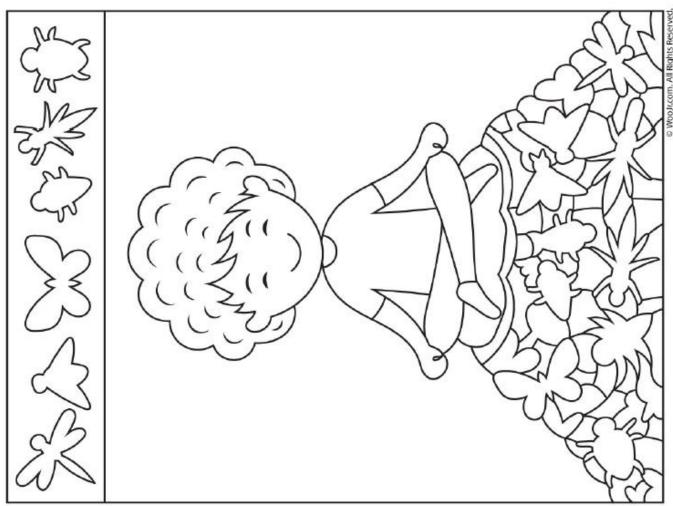




Coloring & Activity Pages by: www.HonkingDonkey.com







English

Listening: encourage your child to listen to;

- sounds in the environment
- sounds in words rhyming and beginning sounds
- instructions (and follow them)

and be able to recall the order they heard things in

Oral Language: Talk, Talk, Talk and talk some more!

- model good conversation skills listening, turn taking, keeping a conversation going
- model and extend conversations during play and other activities
- ask questions and model responses that expand, extend and correct speech and grammar

Rhyming: encourage your child to listen for words that sound the same at the end.

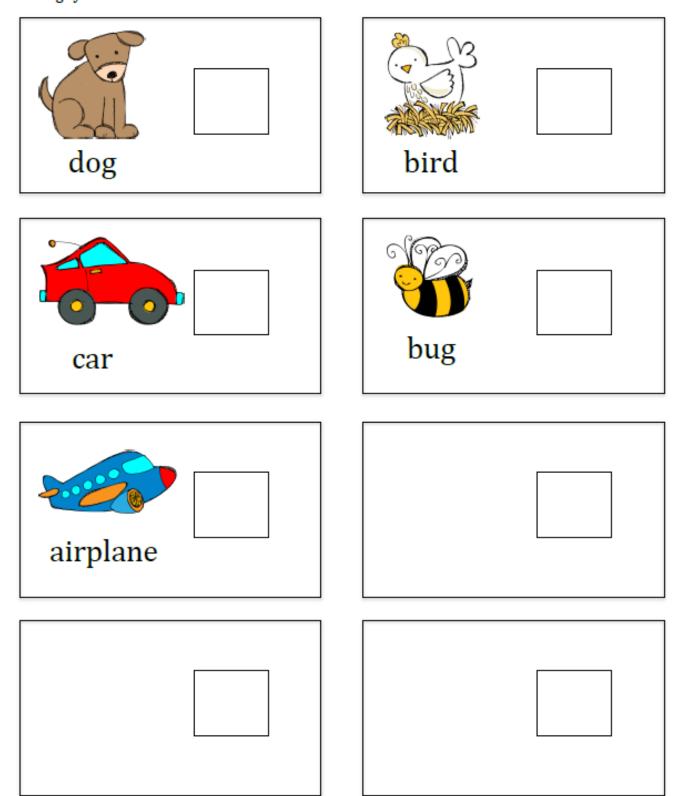
- read, listen to and sing nursery rhymes
- read stories that have rhyming words

Reading: read to your children everyday, several times a day. see reading tips

Writing: have children draw their own pictures of what they did each day. Keep a picture diary of this extraordinary time in our history.

What do you hear outside?

Put an 'x' next to things your hear on your sound walk. Use the extra rectangles to draw other things you hear. Have fun!



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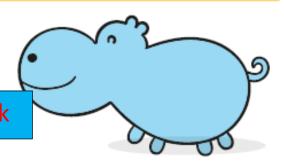
Graphics by KPM Doodles http://www.etsy.com/shop/kpmdoodles



Following 1,2 & 3 Step Directions

This game includes:

- 12 animal cards
- 12 one-step direction cards
- 12 two-ste not in this pack
- 12 three-st
- 8 Chance Cards



How to Play

<u>Teacher Note:</u> There are 1, 2 and 3-step direction cards. You can choose the set you would like to use with the game, or mix all three sets together. Each direction card is labelled in the corner with either a 1, 2 or 3 to help keep the cards organised and keep track of points. Don't forget to mix in the Chance Cards to keep the game exciting. Younger students may need assistance in reading the direction cards.

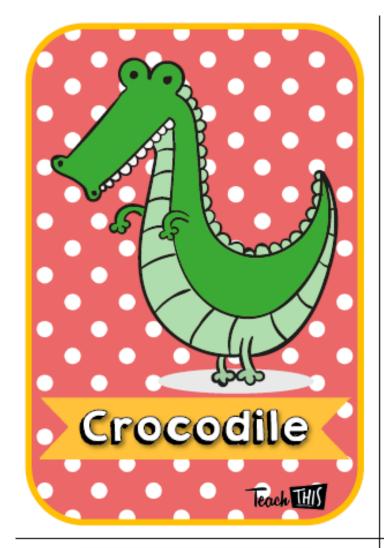
- Shuffle the Direction cards and Chance Cards and place them face down.
- 2. Lay the animal cards out in front of the students face up.
- 3. Students select the top card from the direction pile, then read and carry out the direction. If they do so correctly, the player keeps the card. If they don't, the card gets put back on the bottom of the pile. Students receive 1 point for each 1-step direction, 2 points for a 2-step direction and 3 points for a three-step direction.
- 4. Re-position animal cards after each turn, before moving on to the next player's turn. The winner is the player with the most points at the end of the game.



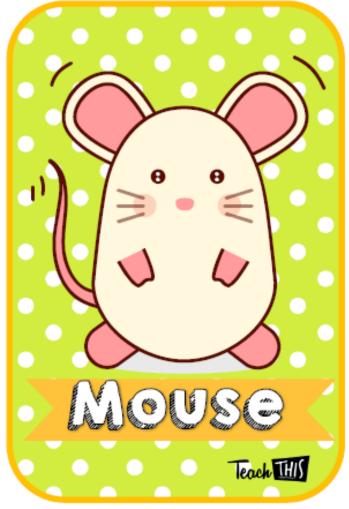




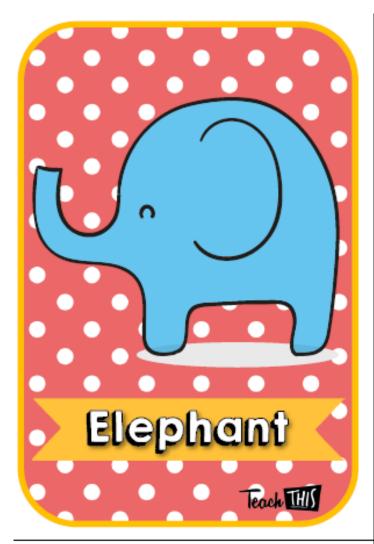




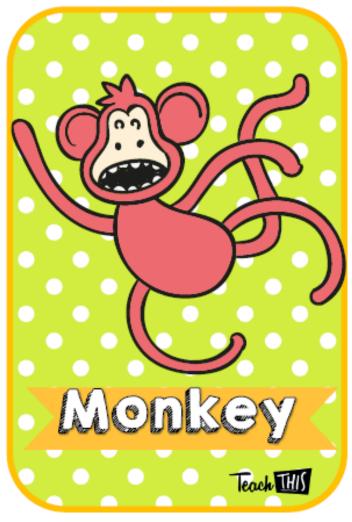


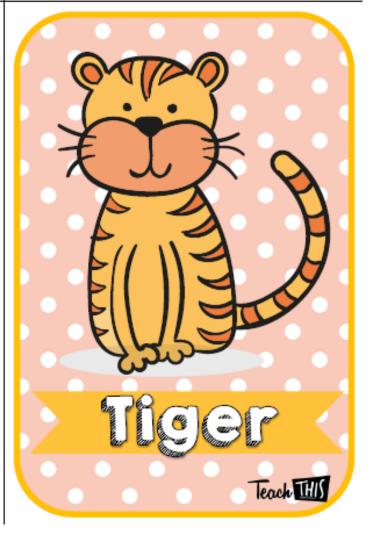












Turn the bear card upside down.

Put the giraffe card next to the mouse card.

0

Teach IHIS

Teach III

Put the panda card on top of the monkey card.

Teach IHS

Place the crocodile card under the tiger card.



leach IHIS



Put the monkey card next to the panda card.

0

Teach IHIS

Teach W

Put your finger on the pig card.

Teach IHIS

elephant card face down.

Put the



Teach IHIS

Show everyone the animal that "oinks"

Show everyone the tallest animal.



Teach IHIS

Put your finger on the smallest animal

Teach IHIS

Teach IHIS

Put the penguin card beside the animal that it is the same colour.



Bonus Point of

Keep this card until the end of the game.



Teach IHIS

Bonus Points +2

Keep this card until the end of the game.



Teach IHIS

Lose -l Point

Keep this card until the end of the game.



Teach IHIS

Lose -l Point

Keep this card until the end of the game.



Teach IHIS

Have an extra turn.



Teach IHS

Have an extra turn.



Teach IIIS

Miss O Turn



Teach IHIS

Miss G Turn



leach IIIS

Questions to Ask Children to Develop Oral Language

Levels of questions from concrete to abstract can be asked at any time and across any subject. As a child answers these questions, they develop their language skills and their understanding of what they are playing, reading, exploring and investigating.

Level (2-3 year olds)

Questions relate to the immediate environment and require concrete thinking.

- What is that / this?
- What colour is this?
- What can you see?
- Find one like this
- Show me the ___
- What is ___ doing?
- What did the ___ say?
- Is it a ___? (yes/no response)
- Is it a ___ or a ___ ?
- Who is this?

Level 3 (4-5 year olds)

Requires children to use their own knowledge to make basic predictions, assume the role of another, or make generalisations. They begin to use higher-order thinking skills

- What will happen next?
- What is ___ going to say?
- How did he ___ ?
- How else could he do it?
- What have they done so far?
- How do you think he feels?
- How do I make ___ (e.g. a sandwich)?
- How are these the same?
- What's your favourite ___?
- Tell me one that is not ___?
- Which one is ___ ? (attribute e.g. cold)
- What is a ___ ? (definitions)

Level 2 (3-4 year olds)

Involves some analysis such as classifying/grouping objects, describing and understanding object functions

- Find something that can ___ (e.g. cut)
- What is happening in this picture?
- Where is the ___? (requires a location response, not just pointing)
- Find something that is ___ (e.g. red) and ___ (e.g. spiky)
- Who is ___?
- When did ___ ?
- Finish the sentence
- What is this for? (describe function not appearance)
- What does this do? (describe actions)
- Tell me about this thing (describe function, appearance, actions)
- How are these different?
- Which one is ___ ? (category e.g. a fruit)
- What else is an ___ ? (category e.g. animal)

Level 4 (5 years +)

Involves problem solving, predictions, solutions and explanations. Requires own knowledge and thinking about the future and past.

Predicting:

- What will happen if __?
- what could he do?
- what would you do if?

Solutions:

- What should we do now?
- if you were the ___ what would you say / do?

Causes:

How did that happen?

Justifying:

- Why can't we ___? (e.g. eat ice-cream with a knife and fork)
- Why did you pick that one?
- How can we tell?
- why do you like that one?

Explanations:

- How can we tell he is sad?
- How did that happen?
- Why is it made of that?

Reading Tips for Parents of Kindy Children

Read Together Every Day

 Read to your child everyday. Make this a special time the two of you have together.

Give Everything a Name

Build your child's vocabulary by talking about interesting words and objects. e.g.
 "look at that airplane. Those are the wings of the plane. Why do you think they are called wings?"

Say and Show How Much You Enjoy Reading

- Talk about 'story time' as being a favourite part of your day.
- Show your child that you like reading your own stories.

Read With Fun in Your Voice

· Read with expression. Use different voices. Practice voices with your child

Know When To Stop

 Put the book away for awhile if your child loses interest or is having trouble paying attention.

Be Interactive

- Discuss what is happening in the book. Point out things on the page, ask questions;
 - Who is this?
 - Where are they?
 - When is this happening?
 - What is happening?
 - What do you think will happen next?
 - How do you think they feel? How do you know?

Read It Again and Again

 Repeatedly reading the same book helps develop your child's pre-reading skills and encourages their enjoyment of reading.

Talk About Writing Too

 Tell and show your child how we read from left to right and how words are separated by spaces.

Point Out Print Everywhere

 Talk about the written words you see in the environment around you. Praise them for reading symbols and familiar words that they see.

Twinkle, Twinkle Little Star



Twinkle, twinkle little star,

How I wonder what you are.

Up above the world so high,

Like a diamond in the sky.

Twinkle, twinkle little star,

How I wonder what you are.

Incy, Wincy Spider



The incy, wincy spider,

Climbed up the water spout.

Down came the rain,

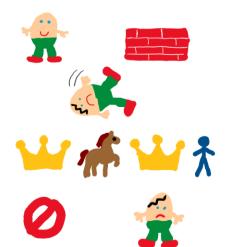
And washed the spider out.

Out came the sunshine and dried up all the rain.

So, the incy, wincy spider,

Climbed up the spout again.

Humpty Dumpty



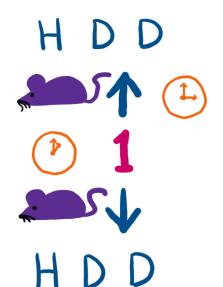
Humpty Dumpty sat on the wall,

Humpty Dumpty had a great fall.

All the king's horses and all the king's men,

Couldn't put Humpty together again.

Hickory Dickory Dock



Hickory, dickory dock,

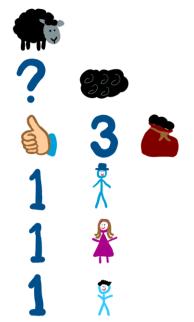
The mouse ran up the clock.

The clock struck one,

The mouse ran down,

Hickory, dickory dock.

Baa, Baa Black Sheep



Baa, baa black sheep,

Have you any wool?

Yes sir, yes sir, three bags full.

One for the master,

One for the dame,

One for the little boy who lives down the lane.

Hey Diddle, Diddle



Hey diddle, diddle,

The cat and the fiddle,

The cow jumped over the moon.

The little dog laughed to see such fun

And the dish ran away with the spoon

Jack and Jill

















Jack and Jill

Went up the hill,

To fetch a pail of water.

Jack fell down,

And broke his crown.

And Jill came tumbling after.

I'm a Little Teapot













I'm a little teapot,

Short and stout.

Here is my handle,

Here is my spout.

When I get all steamed up,

Then I shout.

Tip me over, pour me out!

Teddy Bear, Teddy Bear

















Teddy bear, teddy bear, turn around,

Teddy bear, teddy bear, touch the ground.

Teddy bear, teddy bear, jump up high,

Teddy bear, teddy bear, touch the sky.

Teddy bear, teddy bear, bend down low,

Teddy bear, teddy bear, touch your toe.

Teddy bear, teddy bear, turn out the light,

Teddy bear, teddy bear, say goodnight.













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For the Teacher or Parent

Leve/

Name the animals one by one. Mix them up.

a cat, goldfish, turtle, bird, rabbit, dog, hamster, frog I spy ...

Mix in animal noises with your clues. Leve/ 2

I spy an animal that says "woof."

Find the rabbit. Which animal says "Meow?"

etc.

Leve/

This animal likes to eat

This animal has a hard

This animal can hop really far.

Include clues about animal facts.

Leve/

Include clues about animal babies.

This animal's babies start as eggs. Then they hatch and are called tadpoles.

This animal has babies called puppies.

etc.

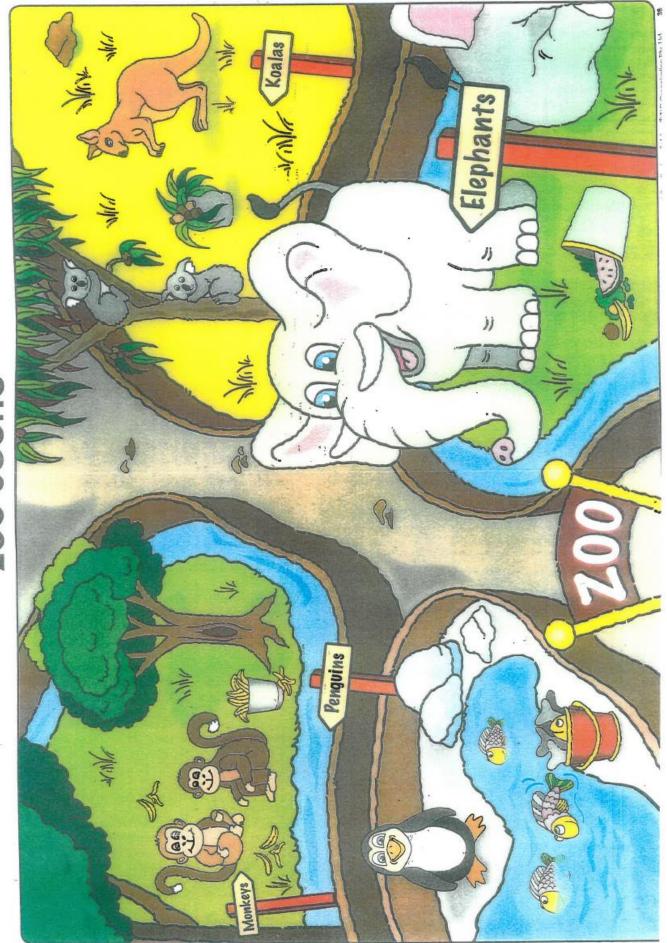
Clothes Scene Semantic Questioning

	Adult: (clothes scene	hiddden) We're talking about clothes today. Name 3 pieces of clothing			
1	Adequate response	Child names any 3 pieces of clothing e.g. jumper, hat t-shirt, shorts, knickers, undies, bathers, dress, skirt, shoes, socks, tracksuit, jeans, jacket, shirt			
	Inadequate response	Less than 3 different pieces of clothing; Child says clothes; This one, that one; Child points to own clothes			
2	Adult: (clothes scene visible) I'm thinkiing of something you wear on your feet. Can you guess what it is?				
	Adequate response	Shoes, socks, thongs, sandals, boot, jandles, flip flops			
	Inadequate response	This one, that one; You wear on your feet; Points to pictures			
3	Adult: Let's look at this picture. The shorts, t-shirt and jumper are all called?				
	Adequate response	Clothes; Things you wear			
		On your body; them ones; I don't know; Pointing to Picture			
4	a model of how they con the top part of these shoes. Point the an open question like the Adequate response	describe something in the picture, try to guess what it is! (your description gives the child ould describe an item) You wear them on your legs, they are short and blue. or You wear it your body, it's warm and it's green. Now it's your turn. Tell me everything you know about the shoes. If the child doesn't provide enough information on their first description, ask them what else can you tell me? Child describes the item by 3 different elements; wear them on your feet; They are stripy, green and white stripes; You can run in them; They keep your feet dry. Describes the item by less than 3 elements; Describes only by the visual elements e.g. it's green			
		·			
		clothes that only girls usually wear Child points to or names dress, skirt, girls bathers. If the child does not point to all these clothes			
5	Adequate response	on the furst try ask are there any more?			
7		Child points to or names boys t-shirt, jumper			
	Adult: Point to the clothes that boys usually wear				
	Adequate response	Child points to or names boys t-shirt, jumper, shorts			
		Child points to or names dress, skirt, girls bathers			
6		to the spotty dress?			
	Adequate response	Chld points or names the towel and / or the dinosaur jumper			
		Child points to or names the spotty dress, shorts, jumper, bathers, hat, skirt or car t-shirt			
	Adult: point to the h	at and the dress What is different about the hat and the dress			
	Adequate response	The dress has spots and the hat doesn't have spots; The hat is for boys and the dress is for girls; The hat goes on your head and the dress goes over your body; The dress is pink and spots and the hat is blue			
7	Inadequate response	They're different; They're clothes; You wear them; I don't like dresses			
	Adult: point to the hat and the dress What is the same about the hat and the dress?				
	Adequate response	You can wear them; They are both clothes; They are both hanging on the line			
	Inadequate response	They are the same; They are spotty; That hat is for your head			
8	Adult: Some things go together, like a belt and a buckle. Try this one, bathers and?				
	Adequate response	Child points to or names towel; Child says: swimming, suncream, rashie			
	Inadequate response	Shorts; That one; Socks; Child points to or names bathers			
	Adult: This t-shirt	is still dirty! (point to the dirty t-shirt) What is the opposite of dirty?			
9	Adequate response	Clean; Washed			
	Inadequate response	Dry; Yucky; Wet			

Clothes Scene

Zoo Scene Semantic Questioning

	Adulto (200 ccene laide	then I have a too picture here. Think of 2 animals that live in the too			
1	Adult: (200 scene hiddden) I have a 200 picture here. Think of 3 animals that live in the 200.				
1	Adequate response	Child names any 3 200 animals			
		Less than 3 different zoo animals; Animals that don't belong in the zoo; Big ones			
2	Adult: (200 scene visible) I'm thinkiing of something you can climb and it gives us shade. What it is?				
	Adequate response	Tree; That tree			
		This; That one; For climbing; Outside; The slide			
3	Adult: The elephant, the kangaroo, the koala and the monkeys are all called?				
	Adequate response	Animals; Zoo animals			
		In the zoo; Big; They live there			
4	Adult: I'm going to describe something in the picture, try to guess what it is! (your description gives the child a model of how they could describe an item) It has big ears, a long trunk and lives in the zoo. or It is fluffy and grey. It likes to sit in gum trees and eat gum leaves. Now it's your turn. Tell me everything you know about a kangaroo. Point to the kangaroo. If the child doesn't provide enough information on their first description, ask them an open question like What else can you tell me?				
	Adequate response	Child describes the item by 3 different elements; It lives in the zoo, bush; It has a pouch, long tail, big legs; It can jump, hop, bounce; It's brown; they get joeys in their pouch; They like to eat grass, leaves			
	Inadequate response	Describes the item by less than 3 elements; Describes only the visual elements e.g. It's big and brown			
	Adult: Show me the	animals that climb trees			
	Adequate response	Child points to or names koalas and monkeys			
5	Inadequate response	Child points to or names elephant, penguins or kangaroo; No reponse			
	Adult: Show me the animals that swim in the water				
	Adequate response	Child points to or names penguins and fish			
	Inadequate response	Child points to or names elephant, monkeys, koalas, kangaroo; No response			
	Adult: Point to something that is in front of the elephant				
6	Adequate response	Chld points to the empty food bucket or the elephat sign			
	Inadequate response	Child points to the elephant, koalaor path; I don't know			
	Adult: Point to the elephant and monkey What is different about the elephant and the monkey?				
7	Adequate response	The elephant is bigger and the monkey is small; The elephant has a truck but monkeys don't; The monkey has fur and the elephant has skin; Monkeys are brown and elephants are grey			
	Inadequate response	They're different; They have tails; In the 200; The elephant doesn't have any arms			
	Adult: Point to the elephant and monkey What is the same about the elephant and the monkey?				
8	Adequate response	They both have 4 legs, 2 ears; They both live at the zoo; They can run			
	Inadequate response	They are the same; They are scary; That is like a horse; It can roar loud			
	Adult: Point to the bucket of bananas The bananas are for the monkeys and the fish is for the?				
	HAUIT: Point to the bi				
9	Adequate response	Child points to or names the penguin			
9	Adequate response	Child points to or names the penguin I like bananas; Yummy; Points to or names any other animals; Points to or names the fish			
9	Adequate response Inadequate response				
9	Adequate response Inadequate response	I like bananas; Yummy; Points to or names any other animals; Points to or names the fish			



Zoo Scene

Maths

Number: encourage your child to;

- Say numbers in order from I to IO forwards and backwards - it is important to establish that the order of numbers is constant and that they begin to recognise numbers before and after e.g. 5 always comes after 4 and before 6 when counting forward.
- Touch each object that they count once they need to recognise that we use counting to determine an amount so we have to only count each object once in order to have the correct amount
 - They may move the objects away or re arrange objects into a line in order to count each object only once
- How Many? it is important that they understand that the question *How many?* is instructing them to count each object and then use the last number said as the answer to the question.

Measurement: encourage your child to compare objects and describe them according to;

- Size big / little, bigger / smaller, taller / shorter, longer / shorter, thinner / thicker, narrower / wider
- Weight heavier / lighter
- Capacity full / empty, more / less

Shapes & colours: encourage your child to;

- Find and name the shapes and colours they see
- Describe objects using shape and colour as part of the description
- Count the number of sides and corners on shapes

Number Cards

Cut these cards out along the dotted lines (4 cards per page)

If you can laminate the cards they will last longer but it is not necessary.

	2	5 6
3	H	78
Q	0	
	•	

Use for:

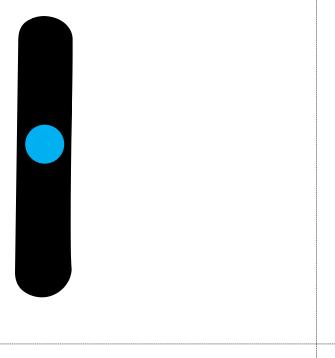
Matching games (match the number cards with the dot cards.)

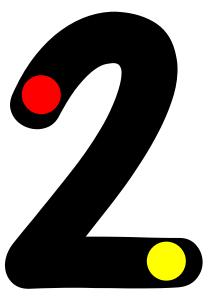
- Memory place the cards face down on a table. Turn over 2 cards to see id they match. Keep the cards if they match, turn them back over if they don't.
- Go Fish give 3 cards to each person playing. Ask I player if they have the matching card to yours, they give the card to you if they have it and you make the pair. If they don't have the card, pick one up from the left over cards.

Fine Motor Counting - place objects onto the dots, counting as each object is placed. Can use:

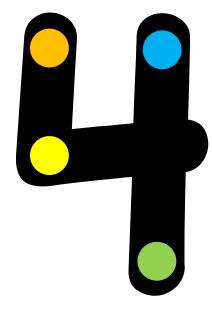
- marbles
- beads
- buttons
- counters
- fruit loops
- pom poms
- pasta
- nuts & bolts
- cut paper / straws / pipecleaners / string
- pegs around the number cards or to pick up and place small objects
- playdough balls and snakes place inside plastic sheet protector

^{*}You can also use playing cards





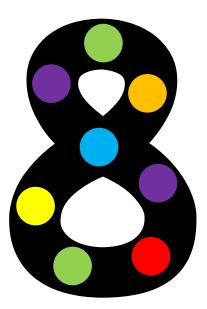


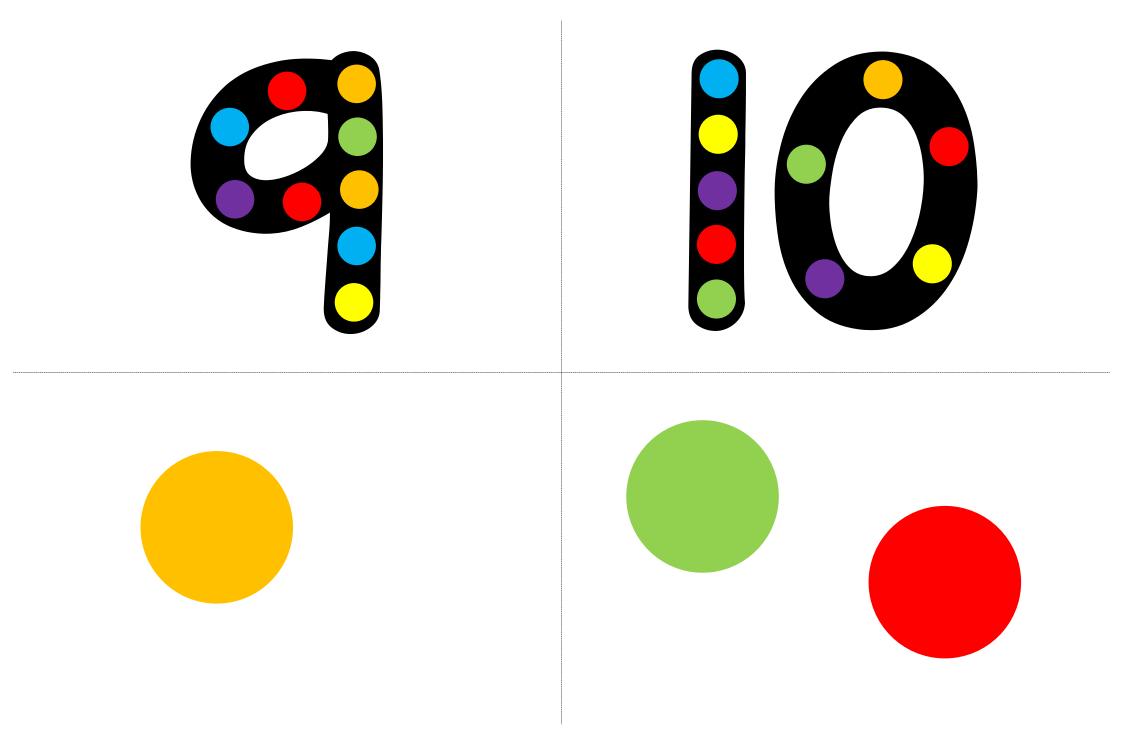


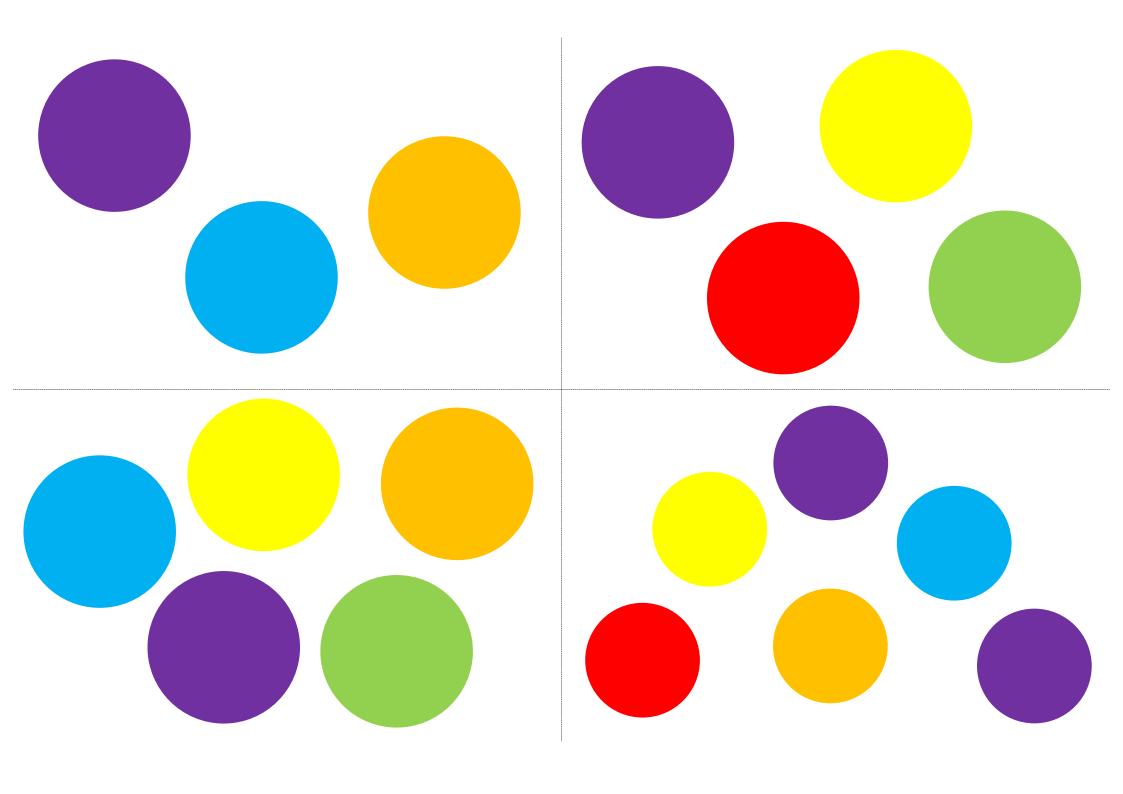


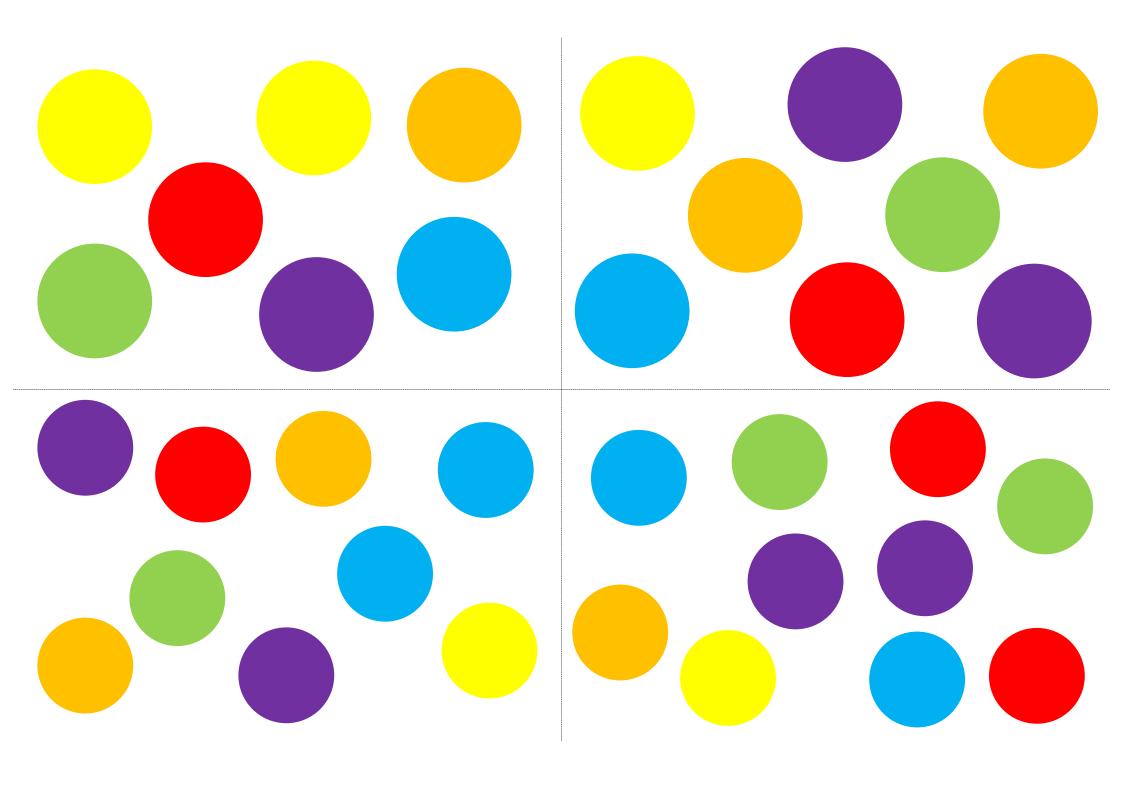




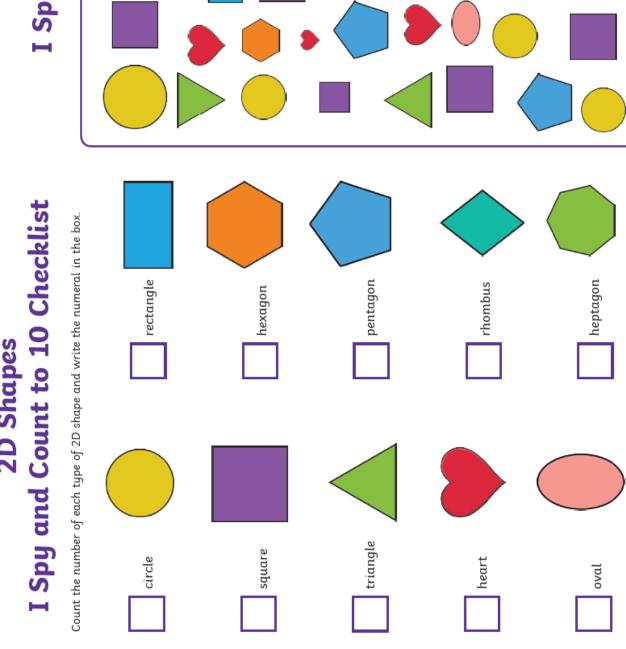




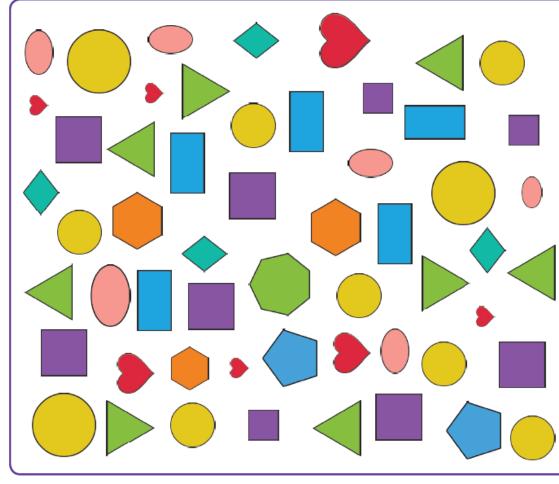




2D Shapes



I Spy and Count to 10 2D Shapes



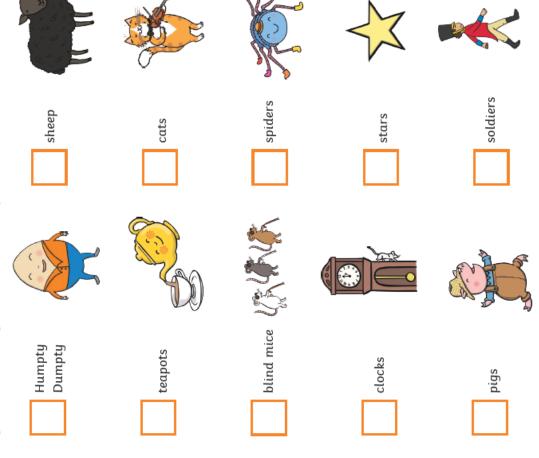




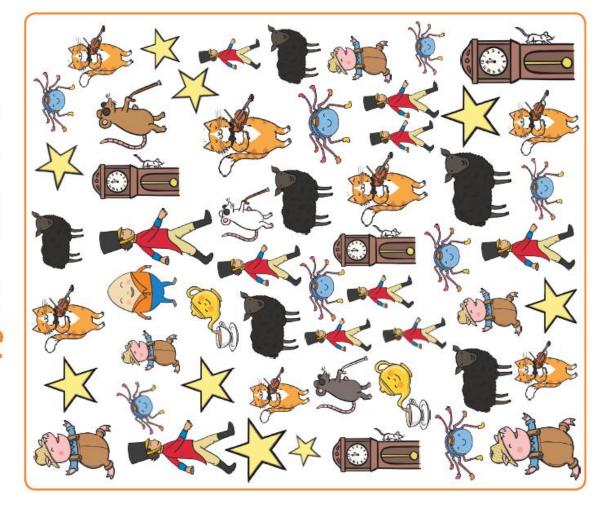


I Spy and Count to 10 Checkl **Nursery Rhymes**

Count the number of each nursery rhyme picture and write the numeral in the box. Do you know which rhymes the pictures come from?



Nursery Rhymes





visit twinkl.com



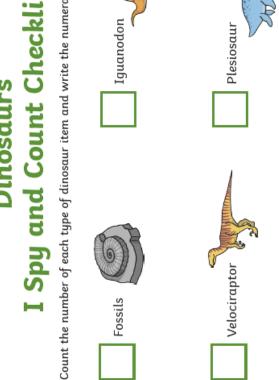


I Spy and Count Checklist Dinosaurs

I Spy and Count to 10

Dinosaurs

Count the number of each type of dinosaur item and write the numeral in the box.







Volcano









Triceratops



















Pterodactyl















Color Walk

Take a walk outside and observe all the things around you. Look for things on your walk to represent each color. Illustrate each item you find in the corresponding box.

