



Ametakpɔnuwɔnawo

Dzilawo fe dɔwɔnu

Sukuwo kple dzilawo fe dɔwɔwɔ dekae be
woakpe asi de deyiwo nu woanɔ dedie



Department of
Education



Nya si wogblo tso nya sia me

Peg Flandreau Yetodo fe

Ame si wa ametakpɔnuwɔnawo fe doɔdo gbãtɔ

Fe 1988 fe November me

Meyi edzi le nuku wɔm nam le alesi dɛvi kple ame tsitsi geɖe le alesi wole Ametakpɔnuwɔnawo zãm tso le wo fe agbenɔnɔ trɔm ahade asixɔwɔ wo dɔkui ŋui gblɔm na mí. Mena nye ŋutɔ nye nutovewo nyo dɛ edzi, medzi nye agbenɔsɛ dɛ edzi eye mena nye seselelãme si nye be mawɔ nu dodzidzɔnamewo la gasɛ dɛ edzi. Aleke gbegbe wòwɔ nukue nye si le gɔmedzedzea me, be woakpɔe be dɔ si me nane si vea ame abe ŋutasɛnuwɔwɔ ene le ate ŋu abia nukoko kple dzidzɔkpɔkpɔ. Elabena esi míele ŋgɔ yim wu nuwɔwɔ dɛ ŋutasɛnuwɔwɔ ŋu la, míele yiyim dɛ ŋusɛdodo fe mɔnu bubuwo ŋu, míele mɔ yeyewo dim be míato veveseseyiwo me. Míele dzidzɔkpɔkpɔ, nutovɛ, nukoko kple afɔkuwo dim na mía dɔkui, le wo katã dome gɔ há.

Ametakpɔnuwɔnawo

Dzilawo fe dɔwɔnu

Sukuwo kple dzilawo fe dɔwɔwɔ dɛkae be woakpe
asi dɛ dɛviwo ɲu woanɔ dedie

Wotrɔ asi le dɔwɔnu sia ɲu be wɔanye mɔfianu na dzilawo kple dɔwɔwɔkɔlawo fe ametakpɔnuwɔnawo.

© Nutata fe Gomenɔamesi Dɔwɔfe si Kpɔa Sukudede Gbɔ, Ƴetoɔfe Australia Kple Ametakpɔnuwɔnawo WA Inc. Gomenɔamesiwo Katã Le Eɲu. Wotsɔ dɔwɔnu sia na kple susu be woana dzilawo kple dɔwɔwɔkɔlawo nanya nu tso Sukudede Dɔwɔfea fe ametakpɔnuwɔnawo fe dɔdɔa ɲu ko eye mele be woadɔe dɛ ame alo habɔwɔ bubu aɔke alo agbugbɔe awɔ o. Womate ɲu agbugbɔ agbalẽ sia fe akpa aɔke ata le mɔ aɔke nu ne womexɔ mɔdɛdɛ tso agbalẽ sia tɔ gbɔ o. Agbanɔamedzi aɔke mele agbalẽtala, agbalẽtafe, alo agbalẽtamɔ si dɛ nutata fe gomenɔamesi dzi dada alo nu bubu aɔke si ado tso agbalẽ sia me nyawo me la dzi o.

Akpedadawo

Protective Behaviors WA Inc. ye wɔ dɔwɔnu sia le nuwɔwɔ aduadu kple Sukudede Dɔwɔfe, Ƴetoɔfe Australia.

Emenyawo

Ku ɔe ametakpɔnuwɔnawo ɔu dzilawo fe nunɔamesi woɔe kuxiwo gbɔ kpɔkpɔ ɔa

Ame ɔutɔ fe tefe.....	17
Tanya evelia: Míate ɔu afo nu kple ame aɔe tso nusianu ɔu, eɔanye nuka kee wònye o ..	21
Nya ɔaɔla siwo le dedie kple esiwo mele dedie o.....	22
Netwɔfewo	23
Nye kpekpeɔɔunana fe ɔasedɔgbalẽ	
24 Nye kpekpeɔɔunasi	
Amekekpe	
Nyagbɔgbɔ si me ka.....	28
Wɔ wò ɔutɔ wò fomea fe dedienɔnɔ fe ɔɔɔ	

Ku ɔe ametakpɔnuwɔnawo dzilawo fe nunɔamesi ŋu

Togbo be gome le ɔevi ɔesiaɔe si be wɔase le eɔokui me be ye le dedie yesiaɔi hã la, fe sia fe la, ɔevi akpe geɔe le Australia godoo toa ŋlɔmiwɔwɔ me. Wobu akɔnta be nyɔnuvi 1 le 4 ɔesiaɔe me kple ŋutsuvi 1 le 7 ɔesiaɔe me awɔ gbɔɔɔɔ fe nuwɔna aɔe si womelɔ o hafi axɔ fe 18 (Australia Nuvlowɔwɔ Ŋuti Nusrɔ fe, 1993).

Tanya eve dzie wotu ametakpɔnuwɔnawo fe ɔoɔa ɔo:

Gome le mí katã si be míase le míá ɔokui me be míele dedie yesiaɔi

Míate ŋu afo nu tso nusianu ŋu kple ame aɔe, eɔanye nuka kee wɔɔanye o

Ne ègbɔ ametakpɔnuwɔnawo na viwɔa la, ànɔ kpekpe me ɔe ŋu be wɔatu efe agbemeŋkekewo katã aɔaŋu siwo nye nyatefetoto, kakaɔedzi le wo ɔokui ŋu, kuxiwo gbɔ kpɔkpɔ, kadodo, tenɔnɔ ɔe nɔnɔme sesẽwo nu kple kpekpeɔeŋu didi.

Àkpɔe be ɔwɔna kple numedzodzro siwo le mɔfiamegbalẽ sia me le bɔbɔe eye wogbɔ wo le mɔ si doa dzidzo na ɔeviwo nu, si wowɔ be menye be wɔado vɔvɔ na ɔeviwo o, ke boŋ woana woanya nu tso ame ŋutɔ fe dedienɔnɔ fe aɔaŋu vevi aɔewo ŋu.



Pensil fe dzesi

Wu ɔwɔna sia nu kple viwɔa



Akaɔi fe bubble

Enaa susu bubuwo kple numedzodzro fe nyatiwo na wɔ kple viwɔa



Nufofo fe kuɔ

Do ŋusẽ tanya eveawo kple viwɔa le gbesiagbegbenɔnɔ me

Nutasēnuwawo fomeviwo

Le Yetodofe Australia la, le Đeviwo Kple Hadomegbenkwo Nuti Se 2004 nu la, đevi nye amesi mexo fe 18 hađe o.

Zi geđe la, đeviwo gbɔ dɔdɔ kple đekematsɔleme fomevi ene li, siwo ate ɲu anɔ anyi đekae:

Lāmesēnyawo gbɔ kpɔkpɔ dzona ne ame tsitsi alo đevi dzikpɔla wɔ nuvevi đevi vevie eye/alɔ wòde abi ɲu atrađii. Ate ɲu atso đevi ađe dede afɔku me be wòaxɔ abi hã gbɔ.

Kpɔđeɲu ađewoe nye: fofo, uuuu, fofo; dzobibi kple fewuđuđu; ɲutilāmehehe alo amehhehe si gbɔ eme; agbagbadzedze be yeagbɔ ya; vidzĩ uuuu.

Đeviwo fe gbɔdɔdɔ fe agbegbegblēnkwɔ dzona ne đevi do go, alo kpɔ gome le gbɔdɔdɔ fe nuwɔna siwo mesɔ đe đevia fe fexɔɔ kple efe tsitsi nu o me. Elɔ nkɔme siwo me ɲusē mele đevia ɲu boo o wu ame bubu si ɲu nyaa ku ɔ, wowɔa ɲudɔ alo na zãnu đevia, do ɲɔdzi nɛ, alo zi edzi. Elɔ nkɔme siwo me vovototo gã ađe le đevia fe tsitsi alo tsitsime kple ame bubu si ɲu nyaa ku ɔ dome hã đe eme.

Kpɔđeɲu ađewoe nye: nana đevi nakpɔ amamađeđenuwɔnawo alo axlē wo; mɔđeđe na đevi be wòakpɔ gbɔdɔdɔ fe nuwɔnawo; asilili đevia fe vidzinuwo ɲu; gbɔdɔdɔ to nu me kple đevi; vidzidɔ alo akɔta fe gege đe lāme; internet zazã atso adi đevi ađe si woatsɔ awɔ gbɔdɔnuwoe.

Seselelāme fe ɲlɔmiwawo dzona ne ame tsitsi ađe gblē nu le đevi fe tsitsi ɲu to alesi wòwɔa nu đe đevi ɲu enuenu hefɔa nu nɛ le mɔ siwo gblēa nu le đevia fe ɲutete be wòase le eđokui me ahagblɔ efe seselelāmewo nu.

Kpɔđeɲu ađewoe nye: đevi dada đe anyi yesiayi; đevi fe ɲukpedodo alo ɲukpedodo; lɔlɔ, kpekpeđeɲu alo mɔfiame đeđefia manɔmee; ađabaɲeɲe fu đevia dzi alo gbee yesiayi; đevia dodo đe fome me ɲutasēnuwawo me; ɲɔdzidoname be woawɔ ɲlɔmi le đevi ɲu alo awɔ anyra le ɲu; ɲɔdzidoname be yewoawɔ nuvevi yewo fe lɔlɔwɔ, nunɔamesiwo alo afemelāwo.

Seselelāme fe ɲlɔmiwawo hã lɔ susu me ɲlɔmiwawo kple fome kple afeme ɲutasēnuwawo đe eme.

Nya si nye fome me ɲutasēnuwawo fia ɲutasēnuwawo kple ɲlɔmiwawo đe ame vevi ađe ɲu zi geđe zɔhe (si me vidzinu đeka tɔgbe tɔwo fe fomedodowo kple zɔhe tsãtɔwo hã le) gake ate ɲu adzo le nkɔviwo dome hã, tso fewuiviwo dzi va ɔ dzilawo dzi, alo tso fomedzikpɔlawo dzi va ɔ fometɔ ađe dzi. Ate ɲu anye ɲlɔmiwawo đe đeviwo kple sɔhewo, ame tsitsiwo, nuwɔametɔwo, kple fomea me tɔ bubuwo ɲu.

Đekematsɔleme nye ne wometsɔ nuđuđu alo nkɔfe si sɔ, atikewawo, atikewawo alo ɔɔɔɔ fe atikewawo nyui đevi, kple/alɔ beléle, vihehe alo dzikpɔkpɔ na đevia va ɔ afisi đevia fe lāmesē alo tsitsi gblē vevie alo de afɔku gã ađe me o.

Kpɔđeɲu ađewoe nye: wogblē đevi đeka ɔ dzikpɔkpɔ nyui manɔmee; makpɔ egbɔ be đevia de suku o, alo đevia manɔ ɲkɔ đe suku o; ɔlɔkuiwo kɔɔ le dzadzenyenye manyomanyo alo atikewo fe anyimanɔmanɔ ta; lɔlɔ alo seselelāme fe kpekpeđeɲu nana đevi o; atikewɔlawo fe kpekpeđeɲu maxɔmaxɔ ne ehiã.

NUSIWO WOKPɔ: Nutowo, Đeviwo Takpɔkpɔ Kple Fomewo fe Kpekpeđeɲuna fe

Tanya gbāto: Gome le mí katā si be míase le mía òkui
me be míele dedie

Womate ñu axo
amegbeto fe
gomenamesi si
wodzi mí katā le o
eye mehiā be
woakpe o



Mí katā mí
wò, nye, .
xólwo, fometwo, .
amedzrowo...
ame sia ame

We all have

the right to

feel safe

at all times.

Nutilā kple
seselēme fe dedienɔɔ
Enye ame ñuto fe
nutefekpɔɔ, ame ñekaɔkawo fe nutefekpɔɔ

gafofo 24 gbesiagbe

Le ñdi me, le yeiyi si me...
ñkeke, le zā me yeiyi, le afeme, .
le suku, le mamayovi gbo, .
le beléle na ame le suku megbe

Gomencamesiwo kple agbanɔamedziwo



Nukae mate ɲu awɔ?

- De eme na viwò a be agbanɔamedzi aɔe hã kpena ɔe gomencamesi ɔesiɔe ɲu.

Le kpɔɔɲu me:

Gome le asiwò be nàde suku nyuie
Agbanɔamedzi le dziwò be nàwò wò ɲutete katã
le suku

Gome le asiwò be nàgbɔ wò susu
Agba le dziwò be nàde bubu ame bubuwo fe
nukɔsusuwo ɲu



Seselelāmewo

Míafe nutilā naa seselelāme vovovo geđe mí. Enye ame nuto fe dedienčo fe akpa vevi ađe be nàfia viwò alesi wòade dzesi e fe seselelāmewo, ase wo gome ahađe wo afia.

Míafe seselelāmewo dzi kpokpo le vevie le kakađeamedzi kple agbančamedzi tsotsó tutuđo me.



Nukae mate nju awa?

- Kpe ɔe viwò nju be wòakeke e fe seselelāmewo ɔe enu nya nyanya. Kpe ɔe viwò nju wòayɔ e fe seselelāmewo njo ahaka ɔe edzi ne mese le ɔɔkui me be ye le dedie o.
- Kpe ɔe wo nju woatu wo fe njetete ɔo be woade dzesi wo fe seselelāmewo, ase wo gome ahagblɔ wo nyuie.
- Nye nugomesela eye nàɔ viwò seselelāme vovovowo ɔe ɔe fia. Ne viwò ɔe dzidzɔmakɔmakɔ alo blanuiléle fe seselelāmewo gblɔ alo ɔe fia la, bia be, “Aleke nàdi be yease le ye ɔɔkui me? Nukae nàte nju awa ale be nàse le ɔɔkuiwò me be yekpo dzidzɔ/le dedie?”
- Kpe ɔe viwò nju be wòade dzesi ame bubuwo fe seselelāmewo.
- Nye kpɔɔɔnɔɔla to wò nuto wò seselelāmewo fe amesinčo me to “Mesena le ɔɔkuinye me... ne...” fe nɔnɔme zazā me.
- Fefewɔwɔ le wo fe fefenuwo kple fefewɔviwo zazā me tsɔ ku seselelāmewo me yi nge.
- Zā ahuhɔe nàtsɔ akpe ɔe viwò nju wòakpo wo fe mo fe dzedzeme kple nutilā fe ɔwɔwɔ le seselelāme ɔesiađe ta.



How are you feeling today? Today I feel ...



Happy



Sad



Angry



Surprised



Shy



Proud



Embarrassed



Safe



Tired



Confused



Hurt



Unsafe

Nuxlɔ́amedzesiwo do ɲɔ

Nuxlɔ́amedzesiwo kaba nye ɲutilã me seselelãme siwo míelɔ́na faa si dzɔna le míafe ɲutilã me le nɔ́nɔ́me siwo ate ɲu anɔ́ dedie o me.

Míafe nuxlɔ́amedzesiwo do ɲɔ xɔ́a nu mí tso afɔ́ku alo ɲɔ́dzidoname siwo le míafe dedienɔ́ɲu. Nuxlɔ́amedzesiwo siwo dzena kaba ate ɲu ato vovo tso ame ɔ́ka gbɔ́ yi bubu gbɔ́, gake wo le mí katã si.

Ɖe wiwo ate ɲu asrɔ́ alesi woade dzesi wo fe nuxlɔ́amedzesiwo kaba. Nuxlɔ́amedzesiwo siwo dzena kaba ate ɲu ado dzidzɔ́ na mí eye míado dzidzɔ́ na mí ne tiatiawɔ́bɔ́ɔ́de le mí si eye míakɔ́ ɲusɛ́ ɔ́e nusi le dzɔ́dzɔ́m ɔ́e mía dzi dzi.

Nusi míafe ɲutilã gblɔ́na:

- 'Nye dzi le fo fom sesie ɲutɔ́ɲutɔ́!'
- 'Kpakpaluuuiwo le nye fodo me!'
- 'Nye afɔ́wo gbɔ́dzɔ́ eye jelly klowo le ɲunye!'
- 'Nye nu fu ale gbegbe!'

Nuxlɔ́amedzesiwo bubuwo ate ɲu anye:

- abɔ́ta siwo le sesɛ́m
- asibide siwo fifia
- ɲgonu dzɔ́wo
- goose fe uuuudedi



Nukae mate ɲu awɔ́?

- Fo nu kple viwɔ́a tso nusi dzɔ́na le wo fe ɲutilã me ne edze vɔ́vɔ́ alo dzimaɔ́itsitsi gɔ́me. Nuxlɔ́amedzesiwo kawo (ɲutilã me seselelãme) kawo wosena le wo ɔ́kui me? Zã kɔ́ɔ́ɔ́ɔ́ siwo tso wò ɲutɔ́ wò nutefekɔ́kɔ́wo me, le kɔ́ɔ́ɔ́ɔ́ me, ne èle megbe tsim le yeyiɲi aɔ́e me.
- Kɔ́ yeyiɲi siwo me nɛ́susu be ye vi ate ɲu anɔ́ vɔ́vɔ́m alo atsi dzimaɔ́i (kɔ́ɔ́ɔ́ɔ́woe nye, uuuudedi kɔ́kɔ́wo, yiyi tefe yeye aɔ́e, ɲkeke gbãtɔ́ le klass yeye me). Bia wo be woade dzesi afisi woate ɲu ase wo fe nuxlɔ́amedzesiwo le wo fe ɲutilã me. De dzi fo na viwɔ́a be wòalé to ɔ́e e fe nuxlɔ́amedzesiwo dzena kaba ɲu eye wòagblɔ́ yeyiɲi si me wɔ́dzɔ́na kple afisi wɔ́dzɔ́na le na wò.
- Fo asa na gbɔ́gbɔ́ na viwò be megase le ɔ́kui me be vɔ́vɔ́ o, . alo be wonye bometsilawo be wose le wo ɔ́kui me be vɔ́vɔ́ ɔ́o yewo. Ke boɲ na nugɔ́mesese, kakaɔ́ɔ́ɔ́ kple dzidefo be woakɔ́ kuxia gbɔ́.



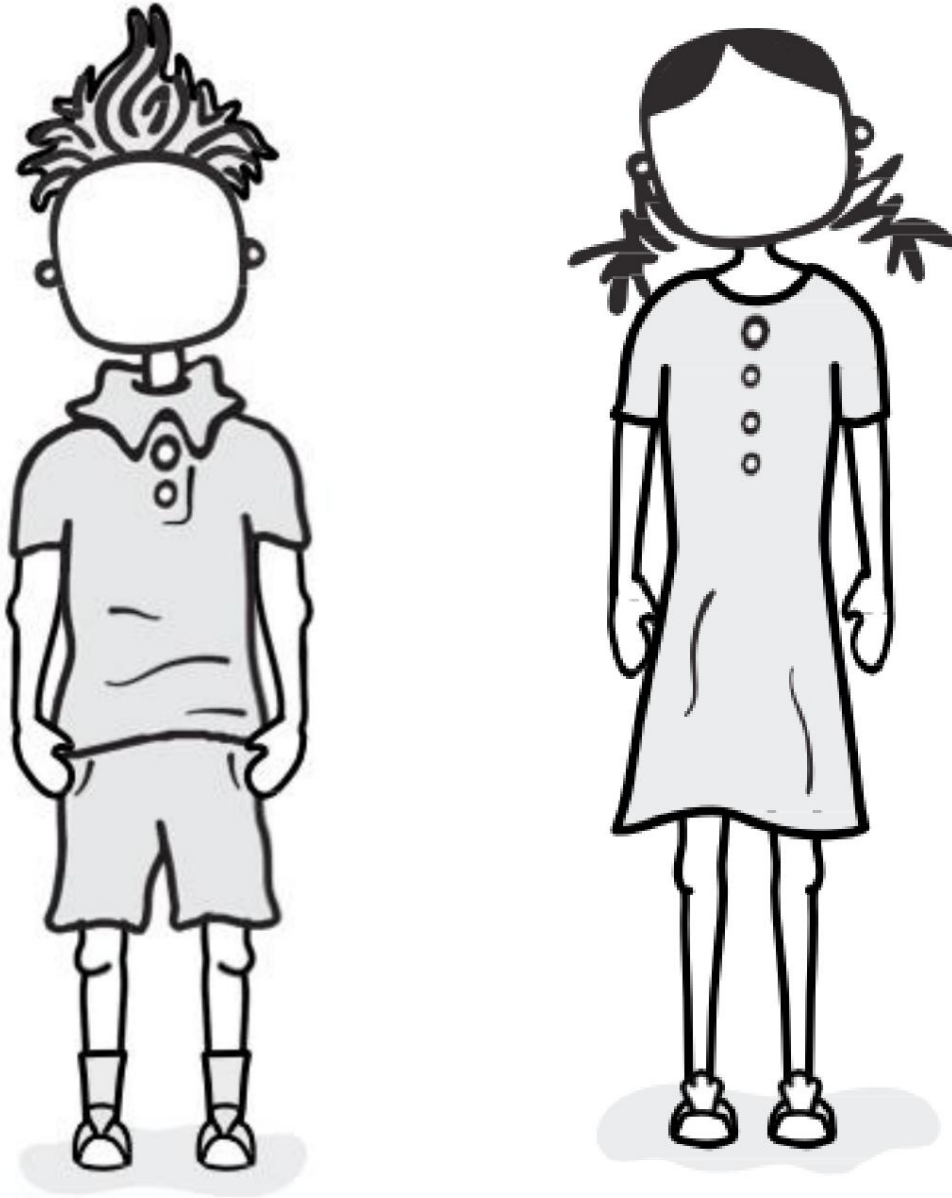
- Te modzakaɔ́ɔ́e, vivise fe nuwɔ́na alo fefe aɔ́ewo kɔ́ afisi mɔ́kɔ́kɔ́ fe dzidzidzɔ́ le be wòakpe ɔ́e viwɔ́a ɲu wòadɔ́ eya ɲutɔ́ fe nuxlɔ́amedzesiwo kaba. Kɔ́ɔ́ɔ́ɔ́ aɔ́ewo nye jack-in-the-box, pop up pirate, tower of blocks, snapping crocodile, azi kple gavi fe duɔ́imekeke, 'yeyiɲi kae nye Afeto Amegãxi?.'
- De dzi fo na wo be woasrɔ́ gbɔ́gbɔ́ blewu ne wɔ́dze vɔ́vɔ́ gɔ́me. Ɖe eme be esia kpena ɔ́e wo ɲu be wobua tame nyuie eye wotsoa nya me le nusi woawɔ́ ɲu.



Nuxlɔamedzesiwo do ŋɔ

Nuxlɔamedzesi kawoe wò nutilā nana wò kaba ne èle sesem le ɔkuiwò me be yemele dedie o alo nèle nane si doa dzidzo na ame alo doa vɔvɔ na ame wɔm?

Kpa wò nuxlɔamedzesi siwo do ŋɔ la alo ŋɔ wo



Ne nye nuxlɔamedzesiwo dze ŋunye eye mese le ɔkui nye me be mele dedie o la, ele vevie be magblɔ ame tsitsi aɔe si dzi meka ɔo.

Mate ŋu ayi edzi anɔ egblɔm vaseɔe esime nye nuxlɔamedzesiwo nu yi eye magase le ɔkui nye me be mele dedie ake.

Afọdọdọ dẹka dẹ kuxiwo gbọ kpọkpọ ọa

Mọ nyui aḡe si dzi woato akpe dẹ ọẹviwo ọu woasr̄ ọḡaḡu siwo woatsọ akpọ wo ọkui tae nye be woafọ kuxiwo gbọ kpọkpọ fe fefewo. Zi geḡe la, medoa vov̄ na ọẹvi be wòawọ abe dẹ wòle ene o be ame bubu aḡe hāe kuxia le - .
abe fefewovi alo ame aḡe si le ọutinya aḡe me ene.

Ne viwòdà zā 'yeyiḡi siwo woate ọu afia nu' le wò gbesiagbegbenwọ kple dọwọna siwo ọu nẹwọ ọḡḡo ọo me la, ate ọu asr̄ gbesiagbe mọnuwo eye wòase egome be gome le ye si be yease le ye ọkui me be yele dedie yesiayi.



Nukae mate ọu awọ?

- Gbl wò nute fekọkpọ aḡewo
kple viwòdà, eye nàl̄ ọe edzi be yeyiḡi aḡewo li siwo me míesena le mía ọkui me be míele dedie o.
- Yi edzi nàwọ kuxiwo gbọ kpọkpọ sr̄m kple viwòdà. Taḡḡozinuae nye be viwòdà nasr̄ tamebubu kple dedienwọ fe nuwọna geḡe siwo wòate ọu azā ne edze ọḡ wọwome siwo mele dedie o alo esiwo sesē.
- Dzro alesi afọku siwo mele dedie o ateru azu afọku siwo le dedie ne míedzi míafe tiatia kple dziḡḡu dẹ edzi le kpọḡeḡu me, míal̄ faa be míase vivi na dzidzọ si le wo fe gasọ dodo le togbe dzi le duḡuḡu me zi alesi wonya be brek wọa dọ, wodo gakuku eye uu alo kpe aḡeke mele mọa dzi o.

“How could someone feel safe even if...”

They got lost at the shopping centre?

A dog was barking at them?

A stranger asked them to get into their car?

Their parents were fighting and shouting at each other?

They felt unsafe when a grown up touched them?

Nutilã fe sidzedze kple eto nyenye

Fia viwòda be woawoe nye wofe nutilã fe amegã.

Do dze kple viwòda tso wofe nutilã fe akpa siwo nye ame nuto to kple esiwo le dutofo siaa fe nkwo kple dɔwɔwɔwo nu. Ne devi tsi te nu se wofe seselelāmewo gome hetsɔ nkɔ na wofe nutilã fe akpa aɖewo ko la, wotsi ale gbegbe be woate nu aɖo dze tso ale si woanɔ dedie nu. Ne wole tsitsim la, ametakɔnuwɔnawo fe dzedɔdɔwo va nɔa tsitotsito wu alesi wòsɔ ɖe wofe fexɔwɔ kple gomesese nu.

Ele vevie be woazã nutilã fe akpa siwo nye ame nuto fe nutilã fe wɔwɔme fe nkɔ siwo sɔ.

Nutilã fe nkɔ siwo sɔ zazã:

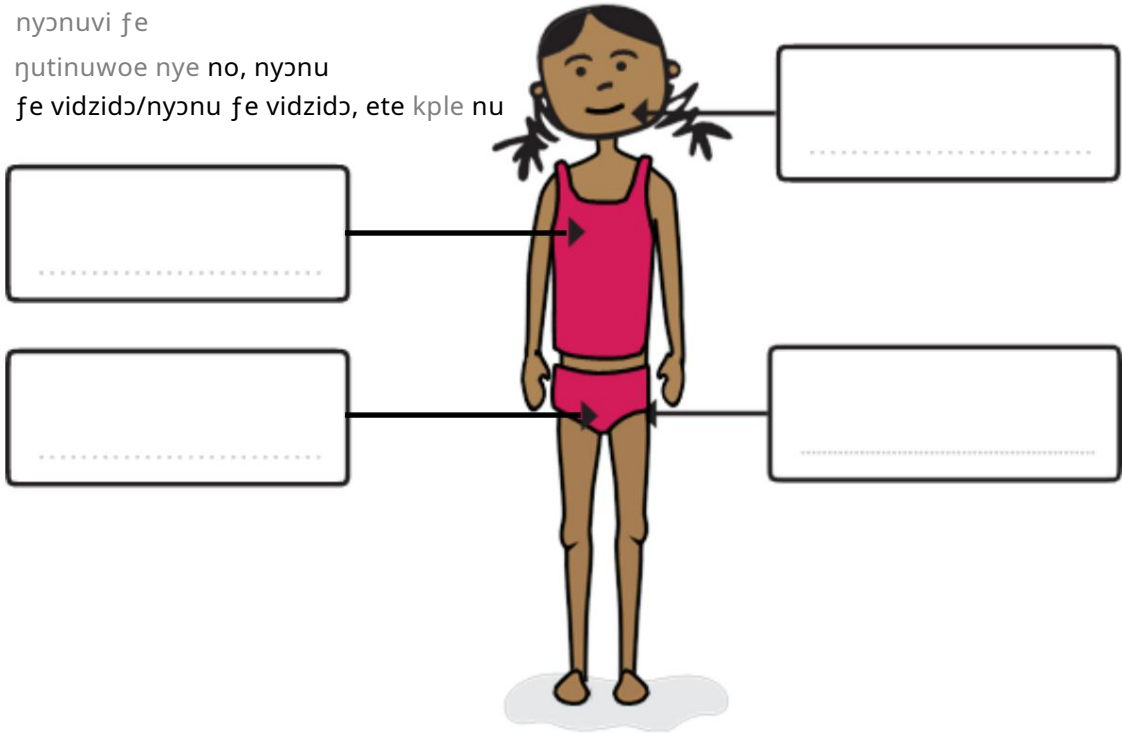
- doa nutilã fe nɔwɔme nyui ɖe ngɔ • dzia kakaɖedzi ɖe eɖokui nu ɖe edzi
- enaa dzila kple vi dome kadodo nyona ɖe edzi
- eɖea dzi le amewo fo be woagaka asi ɖeviwo nu le mɔ si mesɔ o nu o; kple
- ne nkɔmiwɔwɔ ate nu adzɔ la, kpena ɖe ɖeviwo nu be woagblɔ nusi dzɔ ɖe ame tsitsiwo dzi wo.

Ne ame aɖe ka asi efe nutilã fe akpa aɖe nu gbedeka eye wòse le eɖokui me be yemevo o la, viwòda ate nu agblɔ na ame ma be wòadzudzɔ, auu (agakɔ eya nuto fe dedienɔwɔ) eye wòagblɔe na ame aɖe le wofe network dzi.

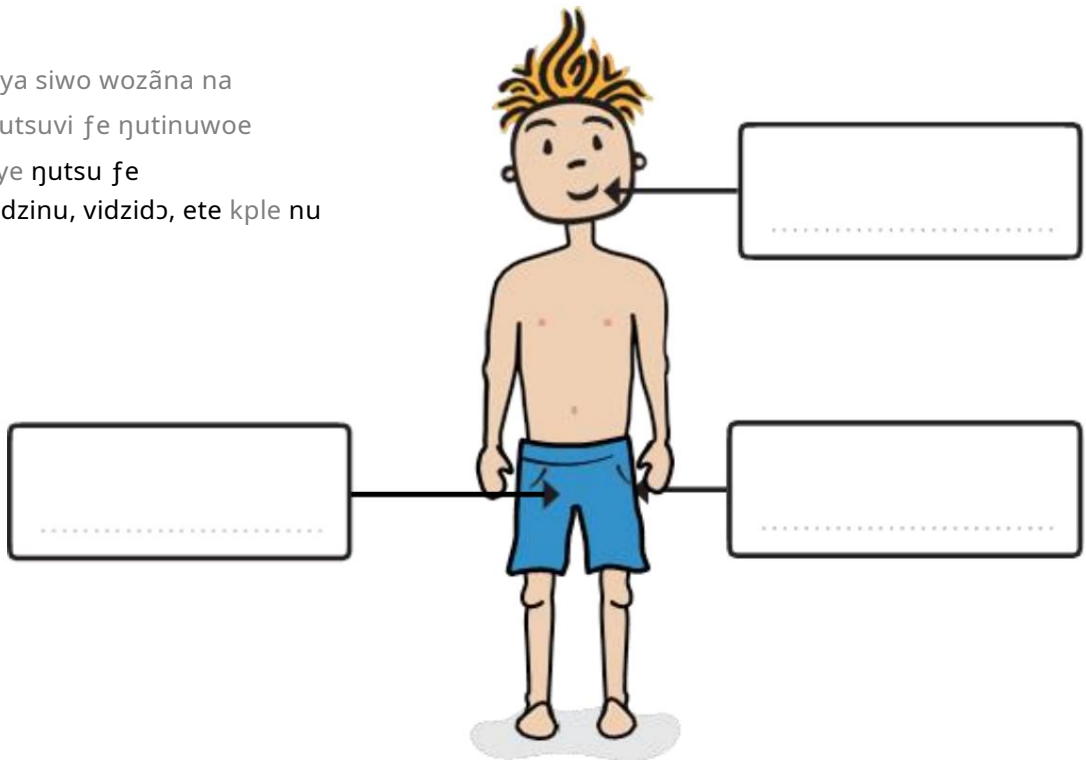


De dzesi nɔnɔmetataawo kple nyawo na woƒe ɲutilã ƒe akpa siwo le wo ɔkui si

Nya siwo wozãna na
nyɔnuvi ƒe
ɲutinuwoe nye no, nyɔnu
ƒe vidzidɔ/nyɔnu ƒe vidzidɔ, ete kple nu



Nya siwo wozãna na
ɲutsuvi ƒe ɲutinuwoe
nye ɲutsu ƒe
vidzinu, vidzidɔ, ete kple nu



Wò ɲutilã le etɔxɛ eye wò tɔe wònye.
Wòe nye wò ɲutilã ƒe amegã.



Dutofo alo ame ηuto tɔ

Wò ηutilā fe akpa siwo le dutofo, le kpɔɖeηu me, wò ta, asiwo kple afɔwo, ame bubuwo ate ηu akpɔ wo.

Wò ηutilā fe akpa siwo nye ame ηuto tɔ nye wò ηutilā fe akpa siwo wò tsilelelawo tɔyɔ. Wò nu hã nye ame ηuto fe nuto. Esia fia be wò koe kpɔa mɔ atia nusi age ɔe wò nu me.

Dzro eme kple viwòda nenyɛ be woatsɔ awudodo, tefewo, nuwɔna alo nyatakakawo fe kpɔɖeηuwo ade hatsotso si nye ame ηuto tɔ alo dutofo.



Nutilā fe dedienɔɔ ɲuti hadzidziwo

Nye ɲutilāe nye nye ɲutilā

Eye nye tɔe wònye

Ame aɖeke mate ɲu aka asi eɲu

o Ame aɖeke o negbe nye ko!

← (Fia asi ɖokuiwò)

Eye ne wodze

agbagba la, mado ɣli be, "Dzudzɔ!"

← (Asi dona be yeaɖe 'tɔtrɔ' afia)

Eye nàfu du, afu du, afu du

Kakaɖedzi si mate ɲui

Eye nàdo ɣli ahagblɛ

Zi gbɔ zi geɖe

← (Dufufu fe uuuu kple abɔwo)

Jayneen Sanders kple Debra Byrne ye ɲbe Wodzi ha ɖe

Twinkle twinkle ɣletivi sue www.somesecrets.info/

[body-safety-song](#) fe hadzidzi nu

Nye ɲutilā nye tɔnye, nye, nye tɔ Nye ɲutilā nye

tɔnye Tso nye ta dzi va ɖo nye

afɔwo, afɔwo, afɔwo dzi Nye ɲutilā nye tɔnye Nye ɲutilā se

le eɖokui me abe jelly, jelly, jelly

ene Nye dzi le fofom abe kpě ene (BOOM

BOOM)

Mese le ɖokui nye me le nye fodo, fodo, fodo me

Mayi aɖagblɛ na ame aɖe! (NUFOFO FE NUFOFO FE NUFOFO)

Jane Heskett ye ɲbe

Wodzi ha ɖe ha si nye Fudzidela aɖe yi fua dzi

Kakaqedzi si le dedie eye mele dedie o

Asikaka ame nju dedie le vevie le mia viwo fe agbenon me. Ele be qevivo nanya be asikaka ame nju fomevi vovovo gedewo li eye woasr3 alesi woade dzesii nenye be asikaka ame nju le dedie alo mele dedie o eye womedi o.

De dzi fo na viwoda be enyo be wogabla be 'AO' alo 'DZUDZO' ne ese le edokui me be yemevo o alo t3t3 le asikaka enju ta.



Dzro nya siawo me kple viwoda

Womeqe mo na ame aqeke be woka asi njwo alo agbugbo nu na wo wo m3qeke manomee o.

Asikaka ame nju si le dedie eye w33 ate nju atr3 azu asikaka ame nju si mele dedie o alo esi qea fu na ame. Gome le asiwo be nagbla be 'Dzudzo' alo 'Ao'.

Ne ame aqe ka asi njwo eye w3na nede dzesi nuxl3ame kaba eye w3na nese le dokuiwo me be yemele dedie o la, ke menye wo vodadae o. Do dze kple ame aqe le wo nyatakakadzra3ofea.

Mele be ame aqeke nabia tso asiwo be nayla asikaka ame nju, agbugbo nu na wo alo akpla asi ko ne o. Ne ame aqe gbl na wo alo bia tso asiwo be nayla asikaka ame nju, agbugbo nu na wo alo akpla asi ko ne la, ele be nagbl3e na ame tsitsi si dzi nek3a qo. Ne ame si le biabiaa w3m la nye ame aqe si nenya h3 la, ele vevie be nagbl3e.

Ame nuto fe tefe

1. 1. Ame nuto fe yamenutome fe kuḍ

Esia nye wò nuto wò tefe kple wò nuto wò tefe. Womeḍe mɔ na ame aḍeke be wòaka asi nutowò o negbe ḍe nedi be woaka asi ye nju eye nese le ḍokuiwò me be yevo eye yele dedie hafi. Womeḍe mɔ na ame aḍeke be wòaka asi wò nutilā fe akpa aḍewo nju o. Mele be nàka asi ame bubu fe njuinuwo nju o. Míeylaa nya yaḗlawo tso asikaka ame nju nju o. Ne ame aḍe ka asi nutowò eye wònye nya yaḗla la, gblɔe na ame aḍe le wò network dzi alo ame tsitsi aḍe si ate nju akpa be nutowò. Ye aḍewoyi la, ahiā be ḍakta nalé nju ḍe wò njuinuwo nju alo ahiā be aḍudɔdala nalé nju ḍe wò nu me. Ele be wo aḍe nusita wòhiā be woawo esia kple afima me ele be wòanye ame tsitsi si dzi woka ḍo kpli wò yesiayi.

2. 2. Kiss, cuddle eye nàmimi bubble

Amewo (abe fometo kplikplikliwo alo ḍɔnɔdzikpɔlawo ene) siwo nɛlɔ, te ḍe nutowò eye nɛnya nyuie nuto nuto ate nju ava kuḍ sia me NE ÈDI BE WOAWO. Yesiayi si mèse le ḍokuiwò me be yeagbugbo nu na ye, awɔ atuu na ye alo afo ye ḍokui ḍe nu me o la, enyo be nàgblɔ be 'AO akpe' nenyɛ be wonye dawò alo fofowò alo ḍɔnɔdzikpɔ

3. 3. Kpla asi kɔ na bubble

Fomea me to kple kɔlɔ bubu siwo nɛnya nyuie eye nɛlɔa wo gbo kɔkɔ ate nju ava kuḍ sia me hena asikpakpla kɔ na ye NE ÈDI BE WOAWO. Yesiayi si mèse le ḍokuiwò me be yeakpla asi kɔ na ye o la, enyo be nàgblɔ be 'AO akpe', nenyɛ be ame aḍe tso wò fomea me alo xɔwò aḍee wònye gɔ hã.

4. 4. Kɔkɔ atɔ bubble

Ame bubu siwo nɛnya, gake menye ame siwo le wɔ asikpakpla kɔ na ame fe bubble me o, ate ɲu anɔ wɔ high five bubble la me. Woate ɲu anye ame siwo kpena de ɲuwɔ, abe nufialawo kple hehenalawo ene. Àte ɲu ase le ɔkuiwɔ me be yevo eye yele dedie ne yeatsɔ high five, asikpla kɔ na wo le axadzi alo asilɛle na wo. Ne mɛdi be woaka asi ye ɲu o la, gblɔ be 'AO akpe' nàuu na.

5 Futsotsoewo fe bubble

Ame bubu siwo nɛnya, gake menye nyuie abe ame siwo le wɔ asikpakpla kɔ na bubble alo high five bubble me ene o ate ɲu anɔ wɔ futsotsoe fe bubble me. Woate ɲu anye amewo abe afelika alo nutoa me tɔ aɔ si mɛnya nyuie o ene. Àte ɲu aɔuuu asi agblɔ be 'Hello' na ame siawo gake zi geɔde la, mɛwɔa atuu na wo alo ka asi wo ɲu o.

6. 6. Amedzro aɔde fe bubble

Amedzrowo nye ame siwo mɛdo goe kɔ o. Zi geɔde la, mɔgbugbɔ nu na ame aɔde si mɛdo goe kɔ o, awɔ atuu ne, afoe de enu alo akpla asi kɔ ne o. Yeadewoyi la, ahiã be nàbia kpekpedɛɲu tso amedzro aɔde si do awu me gbɔ (abe kpovito, dɔndɔzikpɔla alo fiase me kpekpedɛɲu ene).



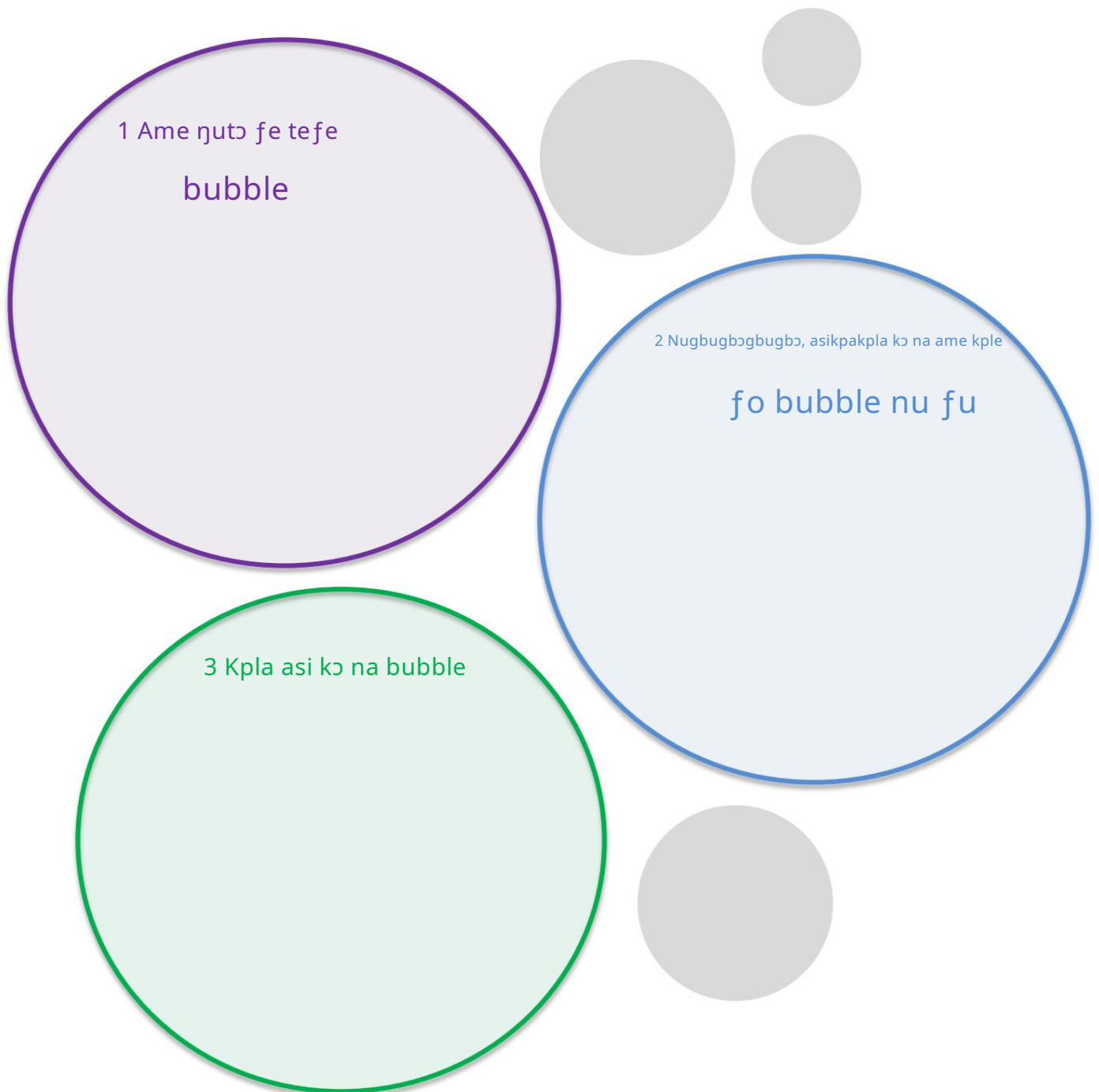


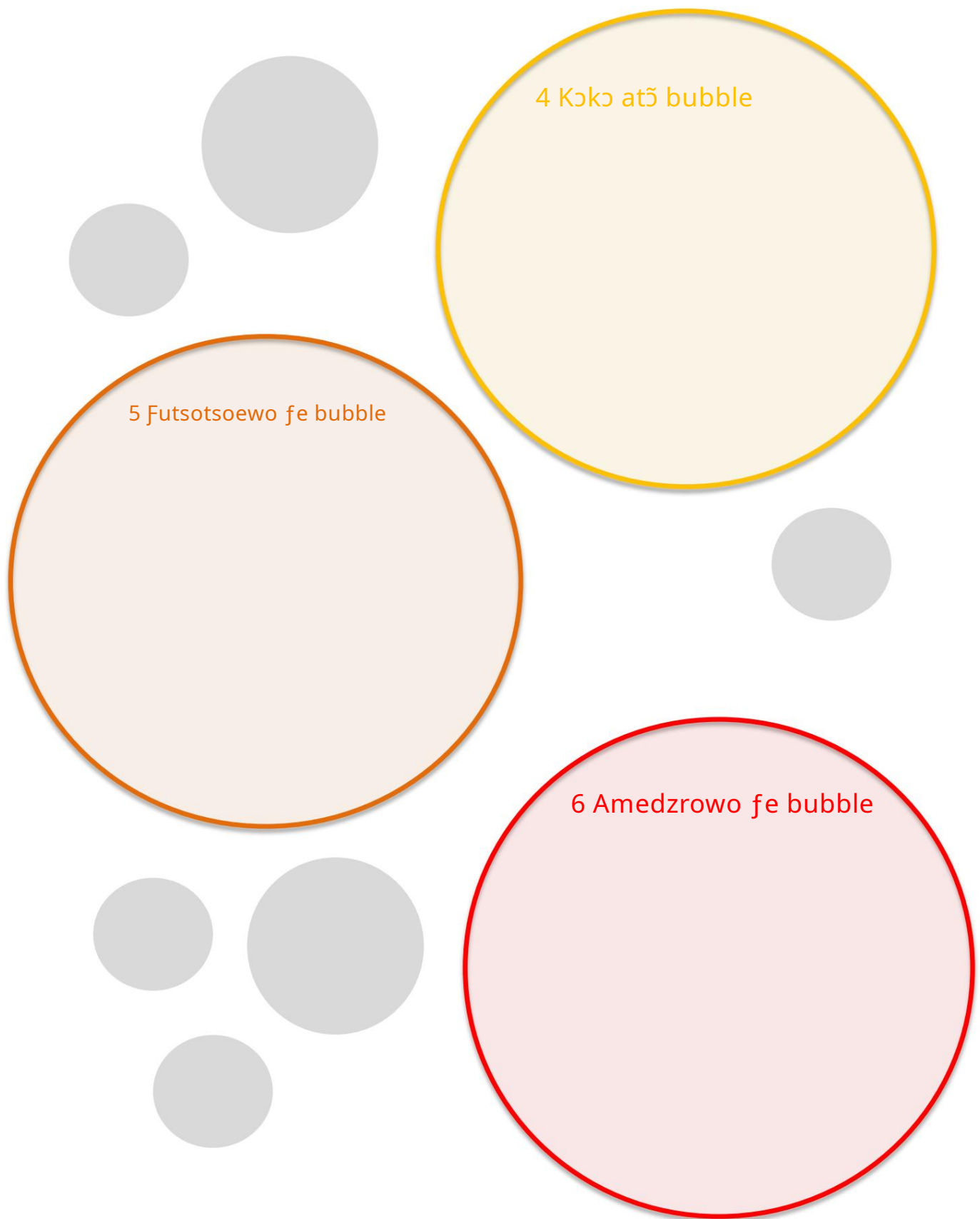
Amekae le wò ñutu wò yamenutome fe kuɖwo me?

• Wò wò ñutu wò te fe fe ɖoɖo, ta wò ñutu wò nɔnɔmetata. • Nye ñute kpɔa nye ñutu nye te fe dzi.

Made bubu ame bubuwo fe ame ñutu fe te fe ñu. • Amekae nɛlɔa atuu na eye amekae nɛlɔa high five kpilii? • Njɔ ñkɔawo alo ta ame siwo le wò ñutu wò te fe ɖesiaɖe la fe nɔnɔmetata

bubbles fe uuuuɖedivo.







Tanya evelia: Míate ɲu afo nu tso
nusianu ɲu kple ame aɖe, eɖanye nuka kee
wòɖanye o

We
can
talk with
someone
about anything,
no matter what it is

There's a conversation happening, a relationship at play, one person is **talking** and the other is **actively listening**

Your child can choose someone they trust to talk with, for example, a parent, teacher, chaplain, aunty

Anything can be talked about, for example secrets, surprises, worries, problems, happy news... It doesn't matter how small or big, trivial, awful, yucky or scary

Nya ɣaɣla siwo le dedie eye womele dedie o

Kpe ɔe viwòà nju wòate nju ade dzesi vovototo si le wo dome. (zã dzesi sue aɔe - asibide yi dzi alo asibide ɔe anyi)



Zi geɔe la, dzidzɔkpɔkpɔ dona tso nya ɣaɣla siwo le dedie me , wodzraa wo ɔo hena ɣeyiɣi kpui aɔe eye wogblɔa wo ɣesiaɣi mlɛba. Zi geɔe la, ame geɔe nya nu tso nya ɣaɣla la nju, le kpɔɔɔnɔ me, dzigbezãɔɔɔ si wowɔ le vome alo amedzro aɔe fe vava le vome.



Zi geɔe la, nya ɣaɣla siwo mele dedie o ku ɔe nuwɔna alo nuwɔna siwo mele dedie o alo afɔku le nju, le kpɔɔɔnɔ me, ne wole anyra wɔm le ame aɔe nju alo le nuvevi wɔm. Ɖewohi woawoe awɔ mi vɔvɔ, dziku, tɔtɔ, njuke, dzimaɔitsitsi alo dediemancɔmancɔ. Wonye nya ɣaɣla siwo me ame aɔe gblɔna le be, 'Mele be nãgblɛ o'; wonɔa anyi didi, . Ɏaɔewoyi tegbee. Nya ɣaɣla siwo mele dedie o ate nju anye nɔdzidoname be nu gbegblɛ aɔe adzɔ ne ègblɛ.

Ne viwòà gblɔ na wò be nya ɣaɣla aɔe le yewo si la, àte nju akpɔe be biabia siwo gblɔna la aɔe vi na wò abe mɔfianu ene:

Èdi be yeagblɔ nya ɣaɣla la nam?

Ne njuɔɔɔa nye 'aɔ' la, te biabia siwo gblɔna la dometɔ aɔewo kpɔ:

- Ɖe wònye nya ɣaɣla si le dedie loo alo nya ɣaɣla si mele dedie oa?
- Amekae gblɔ nya ɣaɣla la na wò?
- Amekae nya nya ɣaɣla la?
- Aleke nèsenà le ɔkuiwò me tso nya ɣaɣla la nju?
- Ɖe nuxlãamedzesi aɔewo le njuwòà?
- Ame aɔe li si nàte nju afo nu tso nju kpliia?



Nukae mate nju awɔ?

- Fo nu kple viwò tso nya ɣaɣlawo nju. Dzro eme nenyè be kpɔɔɔnɔ siwo gblɔna anye nya ɣaɣla siwo le dedie alo esiwo mele dedie o: dzigbezã nunana na fofowò alo xɔwò aɔe fe kplãɔɔe si awɔ nuku na wò, afisi woayla afe fe safui si susɔ alo wole anyra wɔm le ame aɔe nju le suku.

Netwɔfewo

Netwɔfe nye ame tsitsiwo fe fufofo, si ɔvia tia, amesiwo ate ɔu ana kpekpeɔɔu wo, akpe ɔe wo ɔu eye ne ehiã la, woakɔ wo ta.

Nu vevito kekeake ne èle dedienɔɔ me dzrom kple viwòe nye be nàna kadodomɔnuawo nauu, ana viwòe nanya be yeate ɔu afo nu kpli wò tso nusianu ɔu.

Ele vevie hã be nàkpe ɔe viwòe ɔu wòade dzesi ame tsitsi siwo dzi woka ɔo siwo ate ɔu afo nu kplii fe 'dedienɔɔ fe habɔɔ'.

'Nu kpata fe kadodo' me dzodzro hã le vevie, nàde dzesi amesiwo gbɔ viwòe ate ɔu ayi ne ese le eɔkui me be yemele dedie le te fe si ɔewohi yewofe amewo fe kadodo si wowɔna ɔaa manɔ anyi o. Esia ate ɔu anye amesi wɔa dɔ le fiase me, ame aɔe si do awu alo dada si si ɔevi suewo le. Ate ɔu aɔe vi be nàwɔ 'duɔimekeke fe hehexɔɔ' kple viwòe eye nàna hehee le nya si wòagblɔ na kadododzikpɔla si kpɔa nudzɔdɔ kpatawo gbɔ ne wobu la ɔu.

Ele vevie be míase egɔme be ne ɔeviwo le tsitsim la, nɔɔme siwo me wofoa wo ɔkui ɔo la atrɔ, gake gome si le wo si be woase le wo ɔkui me be yewole dedie matrɔ gbeɔe o. Ne ɔeviwo zã 'yeyiɔi siwo woate ɔu afia nu' le wò gbesiagbegbenɔɔ kple dɔwɔna siwo ɔu nèwɔ ɔoɔo ɔo me la, wosea egɔme be gome le yewo si be yewoase le yewo ɔkui me be yewole dedie yesiaɔi.



Nukae mate ɔu awɔ?

- Fo nu kple viwò tso ame tsitsi bubu siwo le wofe agbe me ɔu. Amekawoe wolɔa dzeɔoɔo kplii? Amekawoe woate ɔu afo nu kplii ne wohiã kpekpeɔɔu?
- Enyo wu ne ɔvia ate ɔu ade dzesi ame tsitsi aɔe si wò afo nu kplii le te fe vovovo siwo katã wòzãa yeyiɔi le, le kpɔɔɔu me, suku, kamedefefe, yeɔuɔu fe klass, sɔleme.



Nye kpekpedeņunana fe ɔasedigbalēvi

Zā ɔasedigbalē sia nàtsɔ akpe ɔe viwòa ŋu wòade dzesi ame siwo wòate ŋu atia na wo fe kɔmpjutadzidodowo.

	Netwɔ fea fe ame fe ŋkɔ	Ame tsitsi siwo xɔ wu fe 18	Woate ŋu akpɔe	Miɔo tom	Xɔe se nye	Wɔ afɔdeɔe
1.1.						
2.2.						
3.3.						
4.4.						
5.5.						
6.6.						



Nukae mate ŋu awɔ?

- Fia viwò fe network le wo fe xɔdɔme me, kple ŋkɔwo, telefon dzi kadodowo kple adreswo ale be woanya alesi woawɔ akpɔ wo fe network dzi amewo.
- De dzi fo na viwò be wòagblɔ nya nyui kple nya vɔ siaa na amesiwo le wo fe network dzi, le kpedeņu me, viwò bu wo fe... fefenu si wolɔna wu alo wo xɔ dzedze fe ɔasedigbalē le suku. Eɔea vi na ɔeviwo be woasrɔ nufofo kple wo fe network dzi amewo alesi woate ŋui.



Nye kpekpedeņunasi

Na viwòà nanlò network dzi amewo fe nkwo de asi si le ete la dzi



Nye network amewo awò:

- woanò anyi
- dọ tom
- xò dzinye se
- mawò afọdẹde atso akpe de nnye, ne ehiã



1800 551800

Kpekpe

Esi n'ètia 'network me to' aḍewo ta la, ele vevie be nàkpe wo be woanye network me to eye nàḍe wo fe akpa si wowo na la me. Netwofea fe letawo kpea ame be wòano ḍevia fe Internet dzi gake wonaa m̀onukp̀okp̀o hã be network dzikp̀ola la nagbe ne ese le eḍokui me be yewomate nju akpe ḍe ye nju o.

Leta aḍe si wonj̀o na nye network ame

A letter to my network person

Dear

I have been learning that we all have the right to feel safe all the time and that we can talk with someone about anything

I would like you to be on my Network so that I can talk with you about any worries I might have and good things that happen to me. You can talk with my parents or my teacher if you need more information. If you can be on my Network please put your name and phone number at the bottom

Thanks
.....
Name:
Phone:

Yi edzi nànc amewo biam le wò network dzi vasede esime nànc kpekpedeju si nèhiã.

Menye amesiamée nã anyi yesiayi alo yeadewoyi la, gbedasia metoa ame siwo le network ađe dzi gbɔ o. De dzi fo na viwò be wòado dzi ne woje nuxlãamedzesiwo le enju kaba eye wòhiã be wòafɔ nu kple ame ađe.

Ate ɲu asesẽ ɲutɔɲutɔ
be nàyi edzi anɔ te
sesẽ eye àte ɲu ase le
ɖokuiwò me be yeana ta.
De dzi fo na viwò
be wòayi edzi anɔ
kpekpedeju biam
vasede esime
wòafɔ nu kple ame
ađe, aɔ kpekpedeju
si wòhiã eye woje
Nuxlãame Dzesi Gbãtɔwo nu ayi



Wibbly si nye Wombat la

Jayne Heskett ye ɲɔɔ (fe 2003)

Hadzidzi:

Wibbly wombat la nɔ sesem le eɖokui me be yefe dzi gbã, .

Efe seselelãme siwo mele dedie o nɔ fu dem ne, .

Eyata enya nusi tututu wòle be wòawɔ, .

Agblɔ koklozi la na exlãa, .

Ame si gblɔ be:

“Vovo mele ɲunye le yameuɔɔɔɔ me akpa be mafo nu kpli wò o”

(Hadziha) .

Agblɔ kangaroo la na exlãa

Ame si gblɔ be:

“Mele vovom ɖe titri ɲu akpa be mafo nu kpli wò”

(Hadziha) .

Agblɔ na exlãa be platypus la hã, .

Ame si gblɔ be:

“Vovo mele ɲunye le fefewɔɔ me akpa be mafo nu kpli wò”

(Hadziha) .

Agblɔ koala hã na exlãa, .

Ame si gblɔ be:

“Nyemele vovom akpa be mafo nu kpli wò gbede o”

Wibbly wombat la kpɔ dzidzɔ mlɔɔba

Efe seselelãme siwo mele dedie o la katã va yi, .

Yi edzi nànc biabiam ahanc gbɔgbɔm hã be, .

Eye àkpɔɔ be ewɔa dɔ na wò kple wò!!!



Nya siwo wogblona be wofoa nu tso nya nu

Ne ame aḍe le nu gblēm le nḡwò, le nane wòm si ana nàse le ɔkuiwò me be yemele dedie o alo le se siwo ku ɔe ame nḡto fe nḡtinuwo nḡ dzi dam la, àte nḡ:

Ao	Gbl _____
Yi	Ye ma yi _____
Gbl	Eye nàdi ame tsitsi aḍe si dzi nèka ɔo tso wò network dzi be _____.

Ne ame aḍe di be yeawɔe

Ka asi nye nḡtinuwo nḡ
Kpɔ nye nḡtinuwo ɔa
De foto nye nḡtilā fe akpa aḍewo
alo
Fia wofoe ame nḡto fe nḡtinuwo lam

Nye nya si me kɔ
gbl be AO, do
yli, do yli alo do yli



Srõ wò nyatefetoto fe ñutetewo

1. Fefewola No

Nye nukokoe nye ao
"Mò meli o"

2. Amenjububu fe No

Nye agbenyuinon fe ao
"Ao akpe"

3. Nyatefetoto No

Nye nya si wogblona sesie be ao
"Ao, màte ñui o"

4. Dziku Ao

Nye ao si me dziku le
"AO nyemedi be mawo o"

5. Nu Kpata No

De afoku kpata
adee nye ao
"AO gblẽm di"



Nukae mate ñu awo?

- Srõ NO atãawo katã zazã kple viwò - de alesi ñutilã gbegbogblo kple gbedidi toa vovo yesiafi. Be nãgbo be "AO" kple kakaqedzi la, edea vi be nãsi tre dzadzã, nãta ta dzi, abo abowo de megbe, akpo amea fe ñkume eye nãã gbe sesie afe.
- Dzro nonome vovovowo me eye woatso nya me le "AO" si anye wu ñu si dze.
- Wo akpa afe le NO, GO, TELL fe aãããã zazã me to viwò fe fefewoviwo alo fefenuwo zazã me.
- De dzi fo na viwò eye nãna wòasrõ efe "EMERGENCY NO" le afeme.

Wò wò ñutu wò fomea fe dedienko ñuti dofo

Nu fofo na wivò tso dedienko, wofe ñutilā kple alesi woakpo wo dokui ta tso ñevime ke ñu nye akpa vevi aḍe si ana wòano dedie.

Ḍevi siwo ka ḍe wo dokui dzi, siwo si kpekpeḍenunahaboko nyuiwo le eye wofe nyawo gbogbo fe ñutetewo melōna be woaḍo taḍodzinu na yewo o. Ele vevie be woafia nu ñevivo tso wofe ñevime ke tso dedienko ñuti gbedasi bokowo ñu.

1. Gome le mí katā si be míase le mía dokui me be míele dedie yesiayi. Do ñusēe esia to nu fofo, nukpokpo kple kpoḍenju me.
2. Ne míese le mía dokui me be míele dedie o la, gome le mí si hā be míawo nusi wòle be míawo vaseḍe esime míagase le mía dokui me be míele dedie ake. Gome si le mí si be míase le mía dokui me be míele dedie fe akpa aḍee nye agbanamedzi si le mía dzi be míakpo be ame bubuwo le dedie le mía gb. Ne míagblbe bubui la, míawo nu ḍe ame bubuwo ñu abe alesi míedi be mía ñutwo míawo nu ḍe mía ñui ene.
3. Nuxlāmedzesiwo kabae nye alesi wowo nui le blōnu faa me, le ñutilā me, si míesena le mía dokui me le míafe ñutilā me ne míese le mía dokui me be míele dedie o alo ne míele ñokome dodzidzname alo kuxi aḍe me. Ne míese le mía dokui me be míele dedie o la, míafe ñutilā ate ñu ato ñutilā me seselelāmewo dzi agbo na mí be nane gblē; le kpoḍenju me, míafe dzi foa kabakaba alo kpakpaluuuiwo le míafe do me.
4. Ne nuwo le dedie na mí la, tiatia le mí si, míesena le mía dokui me be míevo eye míeḍua mía dzi.
5. Míate ñu afo nu tso nusianu ñu kple ame aḍe, eḍanye nuka kee wòḍanye o. Do ñusē esia to nu fofo, nukpokpo kple kpoḍenju me.
6. Míate ñu azā míafe kpekpeḍenunana fe kadodoa atso atso nya me le amesi nye ame nyuito si míafo nu kpli ñu kple amesiwo akpe ḍe mía ñu.
7. Ḍewohī ahiā be míayi edzi ano kpekpeḍenju biam vaseḍe esime ame aḍe naḍo to mí ahaxo mía dzi ase eye míagase le mía dokui me be míele dedie ake.
8. 'Wò ñutilā nye tawò'. Nya nyagbe si so na wò ñutilā fe akpa aḍewo, si me ñutsu fe vidzinu alo vidzido/vidzido hā le. Se egome be wò no, akota, nu kple vidzinuwo nye ame ñutu to.
9. Womeḍe mo na ame aḍeke be wòaka asi míafe ñutilā fe akpa aḍewo ñu o negbe ḍe míafe moḍeḍe. Ḍewohī ahiā be ḍokta nalé ñku ḍe míafe ñutinuwo ñu le atikewo ta gake ele be míafe moḍeḍe nana wo si eye ele be míano ame tsitsi aḍe si dzi míeka ḍo gb. Womeḍe mo na mí be míaka asi ame bubuwo fe ñutinuwo ñu o.
10. Dedienko ñuti sewo ate ñu akpe ḍe mía ñu míano dedie. Ne míele ñokome si mele dedie o me la, ele be míagblbe be 'AO' eye míaYI ne míate ñui eye míagblbe na ame aḍe.



Nyatakaka bubuwo na dzilawo

- Ɖeviwo fe dedienɔɔ le internet dzi
 - Dzaɖraɖo •
- Telefon dzi kpekpeɖeɖuna fewo

Ɖeviwo dzi kpɔkpɔ be woanɔ dedie le Internet dzi

NUSIWO WOKPƆ: eDedienɔnɔ Njuti Dɔdzikpɔla fe Dɔwɔfe, www.esafety.gov.au

Nyatakakawo le eSafety Commissioner fe Dɔwɔfe na dzilawo tso dijitaal nɔnɔme kple wo viwo fe mɔɔɔɔnunya zazã njuti nyatakakawo nana wo nu.

Àte nu akpɔ mɔfiamewo le dedienɔnɔ fe ɔɔɔwo zazã le wò fomea fe mɔ siwo do fome kple nyatakakadzraɔ fewo nu, aɔɔɔɔɔwo le sinimawo kple fefewo tiatia nu kple mɔnu siwo dzi nàto ana sɔhewo nana dedie le Internet dzi le www.esafety.gov.au.

Nyatakaka siwo ku ɔe kpekpeɔɔnu nana viwò be wòanɔ dedie le Internet dzi nu le eSafety nyatakakadzraɔfe siwo dometo aɔewoe nye:

- Ame njuto fe nyatakakawo takpɔkpɔ
- Aɔɔɔɔɔwo na foto kple videowo ɔeɔe kple wo mama le internet dzi
- Yeyiyi fe dadaso le Internet dzi
- Sinimawo kple fefewo tiatia
- Alesi woawɔ anɔ dedie ahanɔ dedie le mɔ siwo do fome kpɔlii nu
- Internet dzi fefewo kple hadomehabɔbɔwo

Ne èse le ɔkuiwò me be ye vi le nɔnɔme aɔe si ate nu anɔ dedie me alo ne mɔɔɔnunya zazã va le nya aɔe zum la:

- di kpekpeɔɔnu kple aɔɔɔɔɔwo kaba
- do alɔ viwò a eye nàna kadodo nana uuuu ɔi – fo asa na fbubu alo wo fe mɔnukpɔkpɔ ɔeɔe aye wòakpe ɔe wo nu woasrɔ alesi woazã internet nyuie ahanɔ dedie bon
- ne nɔnɔmea ku ɔe viwò nu be woawɔ nu si meso o to hadomenyatakakadzraɔfe aɔe dzi (le kpɔɔɔnu me, Facebook) la, gbɔ nyaa na dɔwɔfe tẽ
- nu nyatakaka geɔe alesi nàte njui – dzra screenshots, recordings alo nusianu ɔo ne menye nenema o la, woate nu azã atso aɔo kpe nyato foetoto aɔe dzi.

Dzadzrađo

Nukae nye dzadzrađo?

Zi geđe la, amesi ɔe be yeawo gbɔɔɔnuwo ɔe ɔevi ŋu la dia ɣeyiɣi be ɔevia dzilawo alo edzikpɔlawo naka ɔe edzi, emegbe ɔevia hã ka ɔe edzi. Dzadzrađo fe nuwɔna bia be woana ɔevia naɣla ŋlɔmiwɔwɔa. ɔɔ sia nye nusi menya kpɔna dzea sii bɔbɔe o eye woɔɔe koŋ wɔe eye woɣɔne be 'dzadzrađo'.

Amekae wɔa gbɔɔɔnuwo ɔe ɔeviwo ŋu?

Ɖevi akpa gãtɔ siwo to gbɔɔɔɔ fe agbegbegblẽnɔnɔ me la nya amesi le ŋlɔmiwɔwɔa wɔm. Zi geđe la, enyee ame aɔe si nye ɔevia fe fome alo nutoa me tɔ – ɔewohĩ ɔevia fofɔ, dadaa, tɔgbuia, tɔɔiayɔvi, srɔtɔ, nɔvianjutsu, afelika, hehenala, nufiala alo xɔɔ.

'Ame fe ŋkɔ' aɔeke meli na amesi wɔa ŋlɔmi le ɔeviwo ŋu o. Eyata ele vevie be míaau mía fe dzi me ɔe alesi wòate ŋu adzɔe be ame aɔe ate ŋu anɔ ŋlɔmi wɔm le ɔevi ŋu togbɔ be enye 'ŋutsu nyui', 'ame gã ŋutɔŋutɔ na ɔeviwo' alo 'wɔa nu geđe na nutoa me tɔwo' hã.

Le esi tefe be míaɔo ŋu ɔe alesi míebua ame aɔe ŋui la, eɔea vi geđe wu ne míebu alesi wòwɔa nui ne wole ɔeviwo gbɔ alo le ɔevi aɔe koŋ gbɔ.

Nutoa me tɔwo, dzila alo ɔɔɔɔɔɔɔɔ fe dzadzrađo fe ɔoɔo

Ame si di be yeakpɔ ɔevi aɔe kple susu be yeawo ŋlɔmi le ye ŋu la, zi geđe la, eɔea nuwɔna siawo dometo aɔewo alo wo katã fiana ɔe nutoa me/dzila/dzikpɔla ŋu:

- xɔa ɔɔ alo akpa aɔe si me wokpɔa mɔ be woate ŋu aka ɔo le ɔeviwo gbɔ, le kpɔɔŋu me, hehenala, nufiala, ɔɔɔɔɔɔɔɔ, hehenala, vidzĩɔɔɔɔɔɔ, vifofɔ evelia
- egbɔ be yeakpe ɔe nutoa me tɔwo/dzila/dzikpɔla ŋu le ɔɔwɔna siwo ku ɔe ɔeviwo ŋu me, .
le kpɔɔŋu me, hehenana, hehenana, ŋkeke ɔeka dzi kpɔkpɔ alo vidzĩɔɔɔɔɔɔ si woate ŋu akpɔ femaxee alo woate ŋu akpɔe bɔbɔe
- zua ame si nutoa me/dzila/dzikpɔla ɔoa ŋu ɔo eye wòka ɔe edzi
- elɔa ɔeviwo fe hadede wu ame siwo nye yewo tɔ
- dia mɔ siwo dzi yeato anɔ ɔeka kple ɔevi/ɔeviwo eye, ne wobia nyae tso nusiwo ŋu wòtsi dzi ɔo alo nuwɔna siwo mesɔ o, naa numeɔeɔe siwo ŋu kakaɔeɔe le.

Alesi wodzraa ɔevia alo fewuivia ɔo

Ame si di be yeakpɔ ɔevi aɔe kple susu be yeawo ŋlɔmi le ye ŋu la, zi geđe la, eɔea nuwɔna siawo dometo aɔewo alo wo katã fiana ɔe ɔevi alo ɔeviwo fe fufofo aɔe ŋu:

- ɔea ɔetsɔleme fiana ɔevi alo ɔevi aɔe koŋ. Ɖevia ate ŋu anye be a
afɔku si amea wɔa ŋudɔ, le kpɔɔŋu me, ɔevia ɔeka zãa ɣeyiɣi, ŋutsu alo nyɔnu fe nɔnɔme sesẽ aɔeke mele esi le wofe agbe me o, alo nuwɔameto aɔe le esi
- ewɔa xɔɔwɔwɔ tɔxe kple ɔevia ɔeɔeko, le kpɔɔŋu me, ewɔa kafukafu na wo; naa tefedɔo, nunana alo ga; ma nya ɣaɣlawo
- ɔea mɔ na ɔevia be wòada sewo dzi eye wòdone kpɔna ne ɔevia aɣla sedzidadaa, le kpɔɔŋu me, enaa lollie hafi ɔua fiẽnu, naa aha
- ne woke ɔe eŋu la, enaa numeɔeɔe si ŋu kakaɔeɔe le alo ɔea sedzidadaa dzi kpɔɔna
- edze ɔevia alo sɔhea ŋutɔ fe tefe dzi, le kpɔɔŋu me, 'le vo me' zɔna yia eme ɔevia le tsile fe zãm alo le tɔtɔm
- edoa alesi ɔevia wɔa nui ɔe asikaka ame ŋu si menye gbɔɔɔɔ o, si ate ŋu adzɔ le dzila alo edzikpɔla ŋkume eye woaɔe eme be enye 'vodada'.
- ɔea ɔevia alo sɔhea ɔe vovo tso wo dzila/dzikpɔla si kpɔa wo ta gbɔ, le kpɔɔŋu me, 'dziwòlawo mese wò gɔme o gake nye ya mese egɔme'.
- vivivi la, ewɔa gbɔɔɔɔ fe dzozro ɔe fomedodoa me, le kpɔɔŋu me, ewɔa fefenyawo, tsɔa nya ɔe ame ŋu alo wɔa asiwɔwɔ ɔe nya dzi le a gbɔɔɔɔ fe nɔnɔme, ɔea amamaɔeɔeɔe nuwɔnawo fiana, dzroa gbɔɔɔɔ me
- woateru aã atike vɔɔiwo alo aha sesẽ atɔ aɔe sɔhea fe mɔxexededeɔeɔe nu dzi akpɔtɔ

Telefon dzi kpekpeḡunafewo

Crisis Care Line - 9223 1111 alo nàfo ka na 1800 199 008 femaxee

Ḃeviwo fe Kpekpeḡunafe - 1800 551 800

Agbe fe mɔnu - 13 11 14

Dzilanyenye WA Line - 6279 1200 alo nàfo ka na 1800 654 432 femaxee

Fomedodowo Australia - 1300 364 277

Gbɔdɔdɔ fe Amedzidedze Njuti Dɔwɔfe - 9340 1828 alo nàfo ka na 1800 199 888 femaxee